

NATIONAL COUNCIL OF SPORTS

NATIONAL SPORTS CALENDAR FOR THE F/Y 2024-2025

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
JULY 2024				
1 st	PLOW League stroke competition	Wood ball	UCU- Mukono	Local
1 st -20 th	Olympic games preparations-Iten Kenya	Cycling	Iten- Kenya	International
1 st	World Senior Chess Championship	Chess	Poland	International
1 st -7 th	Uganda Para badminton International	Badminton	Lugogo	International
1 st -9 th	Africa Amateur Chess Championship	Chess	Bujumbura	International
2 nd	FIBA 3x3 Nations League U 21 Men and Women	Basketball	Kenya	International
2 nd -8 th	East Africa Wrestling Championship	Wrestling	Nairobi	International
5 th	USF Executive Committee meeting	Swimming	USF offices	Local
5 th -7 th	2 nd Taifa Wood ball Championship	Woodball	Mount Kenya University	International
6 th	National Team Trials II	Wood ball	Makerere	Local
6 th	USF Members Engagement meeting	Swimming	USF offices	Local
7 th	Summer Olympics	Swimming	Paris	International
9 th	USSA National ballgames II	Handball	Soroti	Local
9 th -17 th	USSA capacity building courses for coaches and referees	Handball	Soroti	Local
11 th	Constitutional review conference	Netball	Lugogo	local
11 th -14 th	Mauritius International Tournament	Badminton	Mauritius	International

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
13 th	National Trials III	Woodball	MUBS	Local
14 th	CECAFA senior challenge cup	Football	Zanzibar	International
14 th	African youth Chess Championship	Chess	South Africa	International
15 th -21 st	USSSA National Ball Games II	Wood ball	Teso College Aleot	Local
15 th -25 th	Senior Women Gazelles Training camp	Basketball	Germany	International
17 th	Special General Assembly	Netball	Lugogo	Local
19 th	Ballet & Contemporary Championship (Junior)	DanceSport	Kings way P/S- Sseguku	Local
20 th	Buhweju Mountain Run	Athletics	Buhweju	Local
20 th -21 st	National League	Badminton	Mbogo High	Local
21 st	7 th presidents Cup Wood ball championship	Wood ball	Cricket Oval- Lugogo	Local
24 th	Olympic games Men Football	Football	Paris	International
25 th	Olympic games	Cycling	Paris	International
26 th	National Hockey league (Ladies sides) continues	Hockey	Lugogo Hockey grounds	National
27 th	Save River Rwiz Run	Athletics	Mbarara	Local
28 th	Uganda Vs Tanzania	Cricket	Kampala	International
July	International Schools League	Table tennis	TBC	Local
July	Training Camp	Cricket	Soroti	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
July	Nigeria Tour Uganda	Cricket	Kampala	Local
July	MCDP grass root development	Cricket	Country wide	Local
July	MCDP grass root development	Cricket	Regional	Local
July	Boys School League	Cricket	Kampala	Local
July	UCA T-20 Women	Cricket	Kampala	International
July	UG 20	Cricket	Entebbe	International
July	Western Uganda Regional Outreach Program	Table Tennis	TBC	Local
July	Northern Uganda Regional outreach program	Table Tennis	Gulu	Local
July	National Secondary Schools Athletics Champs	Athletics	Teso College	Local
July	World Go skating Day	Skating	USF offices	Local
July	International inline races	Skating	Belgium	International
July	Club leagues	Boxing	TBC	Local
July	Africa Cup	Rugby	TBC	International
July	Africa 7s	Rugby	TBC	International
July	IFSC World cup	Sports climbing	France	International
July	IFSC Youth European cup	Sports climbing	TBC	International
July	IFSC World cup	Sports climbing	France	International
July	National Championship	Sports climbing	Kampala	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
July	Corporate Boxing	Boxing	TBC	Local
July	Continued national team training	Boxing	TBC	Local
July	International friendlies (Youth team)	Boxing	TBC	International
July	International friendlies (Elite)	Boxing	TBC	International
July	Coaches and judges refresher course	Zurkhaneh	Makindye	Local
July	Interclub Championship	Zurkhaneh	Kampala	Local
July	Meeting with Para Athletes and coaches	Paralympics	Kampala	Local
July	Anti-doping	Paralympics	Kampala	Local
July	Beach handball league	Handball	Nkaja	Local
July	Midseason transfer window	Handball	Kampala	Local
July	Refresher course Referees	Handball	Kampala	Local
July	Bankers Championship	Table Tennis	Kampala	Local
July	Africa Youth Championship	Table Tennis	Botswana	International
July	Africa Continental Hopes & Cadet Championship	Table Tennis	Botswana	International
July	Katerega Memorial National School Championship	Table Tennis	MTN Arena	Local
July	UCU Open Volleyball Championship	Volleyball	Mukono	Local
July	Regional Refereeing course Eastern	Volleyball	Kampala	Local
July	2 nd National Beach Volleyball Tour	Volleyball	Karanoga	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
July	Regional Refereeing course West Nile	Volleyball	TBC	Local
July	Regional Refereeing course Lango	Volleyball	TBC	Local
July	Regional Refereeing course Eastern Acholi	Volleyball	TBC	Local
July	Registration of new players	Draughts	Various venues	Local
July	Lira ladies open	Golf	Lira Golf Club	Local
July	Zambia ladies open	Golf	Zambia	International
July	Limuru Open	Golf	Kenya Limuru	International
July	Kenya match play Championship	Golf	Kenya Sigona	International
July	Kabaka Coronation Tournament	Golf	Uganda Golf Club	Local
July	Annual General Assembly	Canoe kayak	Buloba Forest park	Local
July	Quarterly Club Outreaches Monitoring & Evaluation	Canoe kayak	Club Offices	Local
July	Media engagement	Canoe kayak	Media houses	Local
July	Annual General Assembly	Ludo	Kampala	Local
July	Coaching Clinic	Roll ball	Kampala	Local
July	Club Registration	Rollball	Country wide	Local
AUGUST 2024				
1 st -9 th	Secondary School National DanceSport Championship	DanceSport	Teso College Aloet-Soroti	Local
1 st	FIDE World Junior Championship	Chess	Tanshket Uzbekistan	International
2 nd -11 th	Olympics Games	Athletics	Paris	International

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
3 rd	National Judo League	Judo	Kampala	Local
04 th	4 th Cooperate wood ball circuit	Wood ball	TBD	Local
3 rd	National League	Badminton	CFK Academy	Local
05 th	Executive committee meeting	Swimming	USF offices	Local
5 th -11 th	FIBA 3x3 Nations League U 23 Men and Women	Basketball	Kampala Uganda	International
9 th -17 th	Wood ball Capacity Building program	Wood ball	Kabala	Local
12 th -18 th	All Africa Junior Championship	Badminton	Senegal	International
16 th -17 th	UDSF National Breaking Championship	DanceSport	MTN Arena	Local
17 th	National Masters swimming gala 1	Swimming	TBC	Local
17 th	National Wood ball league	Woodball	IUIU Campus	Local
17 th	Regional Judo Open	Judo	Kampala	International
17 th -22 nd	IHF D license course	Handball	Cairo Egypt	International
18 th -24 th	Capacity building workshop for trainers of trainees	Netball	Kamwokya	Local
19 th	FEASSA Games	Handball	Bukedea	International
19 th	FEASSA Games	Athletics	Bukedea	International
19 th – 27 th	FEASSA Games	Hockey	Bukedea	Local
22 nd	Capacity building Workshop 1	Hockey	Bukedea	Local
24 th	National League	Badminton	Lugogo	Local
28 th	FIBA Afro basketball U-18 boys and girls	Basketball	South Africa	International
28 th – 29 th	World Youth Breaking Championship	DanceSport	Wuxi – China	International
29 th	USF Annual Coaches Conference	Swimming	TBC	Local
27 th -31 st	World U-20 Athletics Championship	Athletics	Lima Peru	International
31 st	Lagos International	Badminton	Lagos	International
August	Project Start Hockey (U13 communities)	Hockey	TBC	Local
August	Grand prix event –Kantinti Memorial	Chess	Kampala	Local
August	Inter schools Ludo Competitions	Ludo	Selected venue	Local
August	World Rowing U-23 Championship	Rowing	Canada	International
August	Buganda Royal Regatta	Rowing	Kaazi	Local
August	Kenya Amateurs stroke play	Golf	Nyali Kenya	International
August	Karen Challenge	Golf	Karen Kenya	International

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
August	UGC Ladies Open	Golf	Uganda Golf Club	Local
August	Routine management of social media campaigns	Canoe kayak	Garuga	Entebbe
August	Produce brochure shirts and caps	Canoe kayak	Kampala	Local
August	Equipment acquisition	Canoe kayak	Kampala	Local
August	Uganda Open Amateurs	Golf	Entebbe Club	Local
August	Training on how to play draughts Online	Draughts	Online	International
August	KAVC International Championship	Volleyball	Kampala	International
August	UVF Congress Meeting	Volleyball	TBC	Local
August	National Club Championship	Volleyball	TBC	Local
August	Nkumba University Open Volley ball Championship	Volleyball	Entebbe	Local
August	IFSC Para Climbing European Championship	Sports climbing	TBC	International
Aug-Sept	Preparation for World Cycling Championship	Cycling	TBC	Local
August	Identification of athletes at grassroots level	Paralympics	All regions	Local
August	Kungfu World Championship	Zurkhaneh	China	International
August	National Novices	Boxing	TBC	Local
August	Capacity Building	Boxing	TBC	Local
August	Club leagues	Boxing	TBC	Local
August	Continued National team trainings	Boxing	TBC	Local
August	International Friendlies (Youth team)	Boxing	TBC	International
August	International Friendlies (Elite team)	Boxing	TBC	International
August	Anti-doping workshop training	Handball	TBC	Local
August	2 nd round of National Handball super league throw off	Handball	TBC	Local
August	IHF C license course	Handball	Cairo Egypt	International
August	UHF Capacity building for youth trainers of trainees	Handball	TBC	Local
August	Africa Junior Male Championship	Handball	TBC	International
August	Africa Male Cadet Nations Championship	Handball	TBC	
August	National Polly Tech and farm institute Championship	Handball	Kaberamaido	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
August	East African speed skating marathon	Skating	Entebbe	International
August	National training camp	Skating	Kampala	Local
August	Holiday Training Clinic	Table Tennis	Lugogo	Local
August	UTTA National Grand slam	Table Tennis	Lugogo	Local
August	UTTA National Players League	Table Tennis	Lugogo	Local
August	Hopes Cadets Ranking Championship	Table Tennis	TBC	Local
August	ICC U-19 Girls World Cup Qualifier	Cricket	Rwanda	International
August	Boys School Cricket week	Cricket	Kampala	Local
August	Curator Course	Cricket	Kampala	Local
August	National Team Preparation	Rugby	Kampala	Local
August	Non Residential Training camp	Rugby	Kampala	Local
August	National Team U-20 training	Rugby	Kampala	Local
SEPTEMBER 2024				
2 nd -10 th	AFCON 2025 Qualifiers game 1&2	Football	Home and Away	International
05 th	Executive committee meeting	Swimming	USF offices	Local
06 th	World Aquatics Junior OWS Championship	Swimming	Italy	International
07 th	National Wood ball league	Wood ball	Uganda Prisons	Local
2 nd -8 th	Capacity building workshop for Coaches	Netball	Kamwokya	Local
7 th	Elective General Assembly	Netball	Lugogo	Local
7 th	National Judo League (Week 3)	Judo	Kampala	Local
13 th -15 th	Grand prix	Judo	Croatia	International
14 th	Netball Super league throw off	Netball	Ham Stadium	Local
14 th	National Wood ball league Finals	Wood ball	Makerere University	Local
17 th	USF coaches clinic 3	Swimming	TBC	Local
19 th	7 th Kenya International Wood ball Championship	Wood ball	Thika Kenya	International
20 th	World Cycling Championship	Cycling	Switzerland	International
21 st	Fast Five Uganda	Netball	TBD	Local
21 st	National League	Badminton	Lugogo	Local
22 nd	USF National Swimming league 3	Swimming	TBC	Local
26 th	Kampala International	Badminton	Lugogo	International

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
28 th	Men's Netball League throw off	Netball	TBD	Local
28 th	Division 2 Netball League throw off	Netball	TBD	Local
28 th	USF Athletes Training & mentorship Clinic	Swimming	UOC offices	Local
28 th	Capacity Building workshop ii (Coaches)	Hockey	Masaka	Local
28 th -29 th	European Open	Judo	Czech	International
29 th	National disability gala	Paralympics	Kabale	Local
29 th	Fort portal Tourism City Marathon	Athletics	Fortportal	Local
30 th	IHF B License Course	Handball	Tunisia	International
Sept	National Team Preparations	Canoe kayak	Kampala	Local
Sept	Hold executive meeting	Canoe kayak	Kampala	local
Sept	World Friendship games	Chess	Russia	International
Sept	IFSC African Championship	Sports Climbing	TBC	International
Sept	CWB Jinja /Iganga	Cricket	Jinja	Local
Sept	Super T-20	Cricket	Kampala/Entebbe	International
Sept	Scorers course	Cricket	Country wide	Local
Sept	Coach assessment	Cricket	Country wide	Local
Sept	Mass Participation Country Wide	Cricket	All regions	Local
Sept	PNG tour Uganda	Cricket	Kampala	International
Sept	Titans Tour	Cricket	South Africa	Internatinal
Sept	Capricon Series Namibia	Cricket	Namibia	International
Sept	Training camp	Cricket	Jinja	Local
Sept	Uganda Tour Kenya	Cricket	Kenya	International
Sept	Regional coaches clinic	Basketball	K'la Mbale,Gulu, Arua	Local
Sept	FIBA Nations League U 23 Men and Women	Basketball	TBC	International
Sept	Club leagues	Boxing	TBC	Local
Sept	Continued National team training	Boxing	TBC	Local
Sept	Corporate Training	Boxing	TBC	Local
Sept	Russia friendship games	Boxing	TBC	International
Sept	IHF Trophy Challenge Continental	Handball	TBC	International
Sept	Council meeting	Handball	TBC	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
Sept	22 nd National National Health Training Institutions	Handball	Arua	Local
Sept	World Skate games(speed, Inline and marathon)	Skating	Italy	International
Sept	Tunisia Series	Rugby	Tunisia	International
Sept	National Team Men XV's Preparations	Rugby	TBC	Local
Sept	Uganda International 7s	Rugby	Kampala	International
Sept	Residential Training Camp	Rugby	Kampala	Local
Sept	National Team U-20 training camp	Rugby	Kampala	Local
Sept	Participate as one African Team racing	Dargon boat	Pattaya Thailand	International
Sept	National Team Preparations	Dragon boat	Buloba Forest Park	Local
Sept	National Beach Volley ball Championship	Volleyball	Karanoga beach	Local
Sept	National Club Championship	Volleyball	TBC	Local
Sept	Uganda Open Professionals	Golf	Entebbe Club	Local
Sept	Entebbe Match day Challenge	Golf	Entebbe Club	Local
Sept	Referees Clinic	Roll ball	Nairobi	International
Sept	East African Championship	Roll ball	Nairobi	International
Sept	Buganda Canoe Regata Challenge	Canoe kayak	TBC	Local
Sept	Technical Committee meeting	Dragon boat	Buloba Forest Park	Local
Sept	Kilembe Ladies Open	Golf	Kilembe mines Golf Club	Local
OCTOBER 2024				
DATE	ACTIVITY	SPORT	VENUE	CATEGORY
1 st – 7 th	Junior Africa Cup (Jnr National Teams)	Hockey	Accra Ghana	Local
2 nd	UDSF Regional Leadership capacity building	DanceSport	Ankole region-Ntare School	Local
3 rd	13 th International Woodball Championship	Wood ball	Sports Ground Soroti	International
3 rd	Uganda International	Badminton	Lugogo	International
4-5 th	Capacity building workshop for trainers of trainees	Netball	Kamwokya	Local
5 th	UDSF Regional Leadership capacity building	DanceSport	Kigezi region	Local
05 th	USF Members Engagement Meeting for Q3	Swimming	UOC offices	Local
05 th	National Mountain Running Championship	Athletics	Kapchorwa	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
05 th	National Judo league week 4	Judo	Kampala	Local
05 th	National Independence swimming gala	Swimming	Green hill academy	Local
6 th	UDSF Regional Leadership capacity building	DanceSport	Mukono High school	Local
07 th	USF Executive committee meeting	Swimming	USF Offices	Local
7 th - 8 th	Para International world cup	DanceSport	Czech republic	International
9 th	Egypt international	Badminton	Cairo	International
7 th -15 th	AFCON 2025 Qualifiers game 1&2	Football	Home and Away	International
10 th	UDSF Regional Leadership capacity building	DanceSport	Wakiso region-	Local
10-12 th	Water polo clinic and championship	Swimming	Green academy	Local
11 th	Africa Continental Solidarity Championship	Cycling	Ethiopia	International
12 th – 13 th	UHA Independence Cup	Hockey	St. John Paul College, Gulu	Local
13 th	UDSF Regional Leadership capacity building	Dance Sport	Kampala region- UDSF office	Local
13 th	BWF World Junior mixed Championships	Badminton	Nanchang	International
15 th -21 st	9 th World Wood ball cup	Wood ball	China	International
16 th	UDSF Regional Leadership capacity building	DanceSport	West Nile- Arua City	Local
17 th	UCI /UCA Women training camp	Cycling	Mukono	local
17 th	City Tyres Open	Badminton	Lugogo	Local
17 th	Africa Open Chess Championship for people with disabilities	Chess	Online	International
18 th	UDSF Regional Leadership capacity building	DanceSport	Greater masaka- Kako S.S	Local
18 th	Grand slam	Judo	Abu Dhabi	International
20 th	National inter schools Judo Championship	Judo	Kampala	Local
20 th	Algeria International	Badminton	Algeria	International
21 st	UDSF Regional Leadership capacity building	DanceSport	Acholi Region- Screed Heart S.S Gulu	Local
21 st -29 th	International matches (2 Matches)	Football	TBC	International
22 nd	World Youth Championship	Chess	Brazil	International

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
25 th	UDSF Regional Leadership capacity building	DanceSport	Lango region-	Local
26-27 th	World Aquatics OWS World Cup Stop 4	Swimming	Hong Kong-China	International
26 th -27 th	Regional Judo Open	Judo	TBC	Local
27 th	Japan Para Badminton International	Badminton	Japan	International
27 th	4 th Beach Wood ball Circuit	Wood ball	Bunjako	Local
28 th	FIBA Africa cup Men and Women	Basketball	Madagascar	International
28 th	Intercontinental Championship	Ludo	Germany	International
28 th	Capacity Building workshop iii	Hockey	Bushenyi	Local
October	45 th Chess Olympiad 2024	Chess	Hungary	International
October	Annual General Meeting	Chess	Kampala	Local
October	Lira Open	Golf	Lira Golf Club	Local
October	Lugazi Amateurs stroke play challenge	Golf	Lugazi Hills Golf Club	Local
October	Jinja ladies Open	Golf	Entebbe Club	Local
October	Africa Region 4 Championship	Golf	Entebbe Club	International
October	Rwanda Amateur Open	Golf	Entebbe Club	International
October	Entebbe Golf Open	Golf	Entebbe Club	Local
October	Entebbe Golf Open	Golf	Entebbe Club	Local
October	Uganda at 60	Pool	Kampala	Local
October	World Blackball Championship	Pool	UK	International
October	Club Leagues	Boxing	TBC	Local
October	Hold Quarterly Executive Meeting	Dragon boat	Buloba Forest Park	Local
October	Continued National team training	Boxing	TBC	Local
October	IBA youth men and women Boxing championship	Boxing	TBC	International
October	Regional Referees clinic	Basketball	K'la, Mbale,Gulu, Arua	Local
October	IHF A license course	Handball	Cairo Egypt	International
October	45 th African Club Championship	Handball	Yaoundé Cameroon	International
October	6 th Apako Memorial Tournament	Handball	TBC	Local
October	Independence cup	Handball	TBC	Local
October	World Congress	Skating	Italy	International
October	World Scoteering Championship	Skating	China	International

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
October	Africa Senior Championship	Table Tennis	Ethiopia	International
October	International Umpires Exam	Table Tennis	Kampala	International
October	Independence Cup	Cricket	Kampala	Local
October	Umpires Level 1 course	Cricket	Kampala	Local
October	Tunisia Series	Rugby	Tunisia	International
October	National Men team Preparations xvs	Rugby	Kampala	Local
October	Independence Cup	Roll ball	Kampala	Local
October	National Team Scouting	Roll ball	Kampala	Local
October	Safi 7s	Rugby	TBC	International
October	National Men team Residential camp	Rugby	Kampala	Local
October	Africa 7s	Rugby	TBC	International
October	Africa Rowing Championship	Rowing	Egypt	International
October	Uganda Open Chess Championship	Chess	Kampala	Local
October	Board of trustees meeting	Dragon boat	Buloba Forest Park	Local
October	Champions of the champions	Weight lifting	Kampala	Local
October	Champions of the champions	Wrestling	Kampala	Local
NOVEMBER 2024				
1 st	Opening of Athletics Transfer Window	Athletics	Kampala	Local
1 st	World Amateur Chess Championship	Chess	Greece	International
2 nd	Wood ball capacity building	Wood ball	Hoima City	Local
04 th	USF Executive committee meeting	Swimming	USF Offices	Local
7 th -16 th	Masters Hockey World Cup (World Masters Q)	Hockey	NewZealand	International
8 th	European open	Judo	Italy	International
9 th	Annual General Assembly	DanceSport	Mt. Moon Hotel- Foprt portal	Local
9 th	Plow League stroke Competions	Woodball	Nabinonya Beach	Local
09 th	Invitational Swimming Sprints	Swimming	TBD	International
10 th	Inter university Wood ball Tournament	Wood ball	Bugema University	Local
11 th -19 th	AFCON 2025 Qualifiers game 1&2	Football	Home and Away	International
12 th	Moroto Road Race	Athletics	Moroto	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
14 th	Uganda Cup Final	Hockey	Lugogo Hockey grounds	Local
14 th	2024 Season closing ceremony	Hockey	Lugogo hockey grounds	Local
14 th	Zambia International	Badminton	Lusaka	International
15 th -17 th	Para DanceSport World Cup	DanceSport	Slovakia, Kosice	International
16 th	Pan American Open	Judo	Montreal Canada	International
17 th	Cooperate wood ball circuit	Wood ball	Kisubi Beach	Local
21 st -25 th	International matches (2 Matches)	Football	TBC	International
21 st	Botswana International	Badminton	Botswana	International
22 nd	National Para Badminton Championship	Badminton	Kampala	Local
22 nd -24 th	World Latin and Standard league	DanceSport	Cagliari,Italy	International
23 rd	National Masters Swimming gala 2	Swimming	TBC	Local
23 rd	IWBF General Assembly	Wood ball	China	International
23 rd	National super league review	Handball	Old Kampala	Local
24 th	Fast Five Netball event	Netball	TBD	International
24 th	Kampala Half Marathon	Athletics	Kampala	Local
25 th	African Youth Chess Championship	Chess	Cairo	International
29 th	EC AHF Club Championship	Handball	Kigali	International
29 th	12 th Annual Awards Gala	Wood ball	Hotel Africana	Local
Nov	9 th Africa Aquatics Zone 3 Championship	Swimming	Bujumbura	International
Nov	USF Swimming & OWS Development camp	Swimming	Arua	Local
Nov	World Wushu Congress	Zurkhaneh	Canada	International
Nov	UNPC Board and membership strategic plan workshop	Paralympics	Kampala	Local
Nov	Para Athletics Training	Paralympics	Kampala	Local
Nov	Para swimming	Paralympics	Kampala	Local
Nov	26 th African cup of Nations Ladies senior team	Paralympics	Kininshasha	International
Nov	Inter-Forces Games	Handball	Bombo	Local
Nov	National Technical course	Skating	USF Offices	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
Nov	National Judo League Week 5	Judo	Kampala	Local
Nov	National Table Tennis Championship	Table Tennis	Kampala	Local
Nov	Tunisia Series	Rugby	Tunisia	International
Nov	National Team xvs Men Preparations	Rugby	Kampala	Local
Nov	Victoria/Elgon Cup	Rugby	TBC	International
Nov	National Team U-20 trainings	Rugby	Kampala	Local
Nov	Kampala open	Pool	Kampala	Local
Nov	Volley ball League	Volleyball	Kampala	Local
Nov	Trustees meeting	Draughts	Kampala	Local
Nov	Entebbe Golf Open	Golf	Entebbe Club	Local
Nov	Equity Naro Open	Golf	Entebbe Club	Local
Nov	Kakira Open	Golf	Kakira Golf Club	Local
Nov	Mbarara Ladies Open	Golf	Mbarara Golf Club	Local
Nov	Kinyara open	Golf	Kinyara Golf Club	Local
Nov	Victoria Cup	Golf	Kenya	International
Nov	All Africa Amateur Ladies	Golf	Morocco	International
Nov	International Federation Congress (World delegation)	Hockey	Muscat, Oman	International
Nov	Hold Quarterly monitoring of all clubs	Dragon boat	All clubs	Local
Nov	East African Dragon Championship	Dragon boat	Kisumu	International
Nov	National intermediate championship	Boxing	TBC	Local
Nov	Club leagues	Boxing	TBC	Local
Nov	Continued national team training	Boxing	TBC	Local
Nov	Corporate Boxing	Boxing	TBC	Local
Nov	International Friendlies	Boxing	TBC	Local
Nov	International friendlies	Boxing	TBC	International
Nov	Buganda Boxing championship	Boxing	TBC	International
Nov	Super T-20	Cricket	Kampala	International
Nov	National Indoor Rowing Championship	Rowing	Indoor Arena Lugogo	Local
Nov	Africa School Championship	Ludo	South Africa	International

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
Nov	School Championship	Roll ball	Kampala	Local
Nov	National Team Training	Roll ball	Kampala	Local
DECEMBER 2024				
1 st	World Aids Run	Athletics	Kanungu	Local
1 st	South Africa International	Badminton	South Africa	International
02 nd	USF Executive committee meeting	Swimming	USF Offices	Local
2 nd	National Judges Seminar	DanceSport	Bens Beach- Entebbe	Local
4 th – 5 th	Media Clinic	Hockey	UOC office	Local
6 th -10 th	CAC Management Course	Cycling	Egypt	International
7 th	National Judo league Week 5	Judo	Kampala	Local
7 th	National Road race (Road to Rwanda)	Cycling	Western Region	Local
08 th -12 th	Africa Aquatics Zone IV Championship	Swimming	Namibia	International
10 th	Unified sports DanceSport workshop (Athletes with special disabilities)	DanceSport	Lugogo	Local
14 th	Regional Judo Open	Judo	Kampala	Local
12 th -15 th	World aquatics Championship	Swimming	Budapest	International
14 th	University Swimming Championship	Swimming	Ndejje University	Local
14 th	Joshua Cheptegei Christmas run	Athletics	Kapchorwa	Local
20 th	USSA Capacity Building courses for coaches and referees UHF Level 1	Handball	All regions	Local
23 rd	Christmas Party	DanceSport	UDSF office Mengo	Local
28 th	World Show dance	DanceSport	Novi Sad, Serbia	International
December		Golf	Mbale Sports Club	Local
December	Nations Cup	Golf	Egypt	International
December	Egypt ladies Open	Golf	Egypt	International
December	Nyali Open	Golf	Nyali Kenya	International
December	Hima Toro Open	Golf	Toro Club	Local
December	Serena Open	Golf	Uganda Golf Club	Local
December	Uganda Seniors Open	Golf	Uganda Golf Club	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
December	Africa Cup Club Championship	Hockey	TBC	International
December	Capacity building workshop iv (Teachers)	Hockey	Old Kampala	Local
December	Rwabushenyi Memorial Tournament	Chess	Kampala	Local
December	Kireka Open Chess Championship	Chess	Kampala	Local
December	Premier bet Uganda Chess league	Chess	Kampala	Local
December	National open individual Checkers championship	Draughts	Kampala	Local
December	National Russian draughts open individual championship	Draughts	Fortportal	Local
December	Annual General Assembly	Draughts	Kampala	Local
December	Referee training	Roll ball	Canada	International
December	World Cup	Roll ball	Canada	International
December	National Beach Volley ball Championship	Volleyball	Karanoga beach	Local
December	Volley ball League	Volleyball	Kampala	Local
December	Hubs	Cricket	Country wide	Local
December	Training camp youth	Cricket	Kampala/Entebbe	Local
December	Kenya t-20	Cricket	Kenya	International
December	AC T-20 South Africa	Cricket	South Africa	International
December	X- mass cup	Table Tennis	Kampala	Local
December	ITTF World Cup Mixed Team	Table Tennis	China	International
December	IWF World Championship	Weightlifting	Bahrain	International
December	African Youth Championship	Weight lifting	TBC	International
December	Holiday Training & End of Holiday Championship	Table Tennis	Kampala	Local
December	National Coaches Workshop	Table Tennis	Lugogo	Local
December	Closure of the transfer window	Athletics	Kampala	Local
December	East Africa University Games	Athletics	TBD	International
December	Tour Uganda Skate open championship	Skating	Kampala	International
December	Game of Skateboarding Championship	Skating	Kampala	Local
December	Blind Football Uganda Championship	Paralympics	Kampala	Local
December	Final club leagues	Boxing	TBC	Local
December	Conduct A technical Course	Canoe kayak	TBC	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
December	Capacity building	Boxing	TBC	Local
December	Corporate Boxing	Boxing	TBC	Local
December	Uganda Open Championship	Canoe kayak	Buloba Forest Park	Local
December	Zurkhaneh World cup	Zurkhaneh	Iran	International
December	End of year gala	Zurkhaneh	Makindye	Local
December	National goalkeepers training camp	Handball	Old Kampala	Local
December	Beach handball league	Handball	TBC	Local
December	IHF Goal keepers Course Level 1	Handball	Cairo	International
December	IHF Challenge Trophy Youth & junior	Handball	TBC	Local
December	East African University games	Handball	Kenyatta University	International
JANUARY 2025				
04 th	Start of 2 nd Round of the Netball Super league	Netball	TBD	Local
04 th	USF Athletes Training & mentorship clinic	Swimming	UOC Offices	Local
04 th	USF Executive committee meeting	Swimming	UOC offices	Local
04 th	Mayank Cross country Challenge	Athletics	TBC	International
05 th	Start of 2 nd Round of the Men's Netball Super league	Netball	TBD	Local
5 th -17 th	Wood ball youth Capacity building training	Wood ball	Jinja	Local
06 th	Start of 2 nd Round of the division 2 Netball Super league	Netball	TBD	Local
10 th	WDSF Breaking Youth	DanceSport	Munich- German	International
11 th	USF Members engagement meeting	Swimming	USF offices	Local
11 th	National Judo League Week 7	Judo	Kampala	Local
11 th	Western Cross country Championship	Athletics	TBD	Local
11 th	Ubuntu Cup (invitational)	Hockey	Bugolobi	Local
11 th – 12 th	3 rd National Beach Volleyball tour	Volleyball	Kalanoga Beach	Local
15 th	MID season break- End	Volleyball	TBC	Local
18 th Jan - 30 th March	League	Volleyball	Old Kla/Nkumba	Local
12 th	Road to Rwanda	Cycling	Northern Region	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
15 th - 19 th	DanceSport Capacity building Camp 2025 (Youth)	DanceSport	Mandela S.S- Hoima	Local
15 th – 17 th	Capacity Building workshop V (Junior)	Hockey	Luzira S.S	Local
18 th	2 nd Discovery Uganda race	Athletics	Kapchorwa	Local
18 th	National Trials	Badminton	Lugogo	Local
18 th – 19 th	UHA Junior Cup (U19 Club sides)	Hockey	Lugogo	Local
19 th	Pool day	Pool	Kampala	Local
24 th	International Engagements Nations cup	Netball	TBD	International
25 th	USF swimming coaches clinic	Swimming	UOC offices	Local
25 th	Annual General Assembly	Athletics	Kampala	Local
25 th	USF Athlete Training and Mentorship clinic	Swimming	UOC offices	Local
25 th	2025 Season draws	Hockey	UHA office	Local
25 th	Wood ball retreat	Wood ball	Entebbe	Local
26 th	Annual General Meeting	Judo	Kampala	Local
January	Review of training	Handball	UHF Offices	Local
January	IHF Trophy preparations Girls U17 & U19 (Youth)	Handball	Old Kampala Arena	Local
January	USSSA capacity Building Course for coaches & referees (UHF Level 1)	Handball	TBC	Local
January	Holiday Camps for players between 4 to 16 years (Youth)	Handball	All Handball Academies	Local
January	Purchase of Equipment (Balls, Goal nets +++	Handball	TBC	Local
January	USSSA elite Championship	Handball	TBC	Local
January	UHF handball gala	Handball	TBC	Local
January	Referees refresher course	Volleyball	Kampala	Local
January	National Championship 2024	Sports Climbing	Kabale	Local
January	World Rugby Sevens Challenger Series-	Rugby	Dubai	International
Jan-June	Establishment of regional structures	Ultimate Frisbee	TBC	Local
Jan- June	Regional Frisbee League	Ultimate Frisbee	Regional	Local
Jan- June	National Frisbee league	Ultimate Frisbee	National	Local
Jan- June	Cup Capacity enhancement	Ultimate Frisbee	TBC	Local
Jan- June	Organization and Club Capacity improvement	Ultimate Frisbee	TBC	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
Jan- June	Regional Clinics	Ultimate Frisbee	TBC	Local
Jan-= June	Journalists' capacity building Training	Ultimate Frisbee	TBC	Local
Jan- June	First Aid Training for coaches and selected players	Ultimate Frisbee	TBC	Local
January	World Rugby Sevens Challenger Series	Rugby	Dubai	International
January	Review of training	Handball	UHF Offices	Local
January	National Juniors Chess Championship	Chess	Kampala	Local
January	World Chess Championship	Chess	TBC	International
January	Capacity building	Boxing	TBC	Local
January	Club leagues	Boxing	TBC	Local
January	Refresher technical course	Boxing	TBC	Local
January	Wushu Championship	Zurkhaneh	Egypt	International
January	National Technical Course	Skating	Kampala	Local
January	National Senior and Junior Trials	Skating	Mukono	Local
Jan-Feb	AFCON 2025 Morocco	Football	Morocco	International
Jan	African continental championship	Cycling	Cairo	International
Jan	ICC U-19 Girls T-20	Cricket	Malaysia	International
Jan	India tour	Cricket	India	International
Jan	India Omtex Tour Women	Cricket	India	International
Jan	Training Camp Senior Men	Cricket	Kampala	Local
Jan	Elite League Men and Women	Cricket	Kampala	Local
Jan	Curator's course	Cricket	Kampala	Local
Jan	Training coaches referees and classifiers	Paralympics	Kampala	local
Jan	Training coaches referees and classifiers	Paralympics	mubende	Local
Jan	Wheel chair basketball championship	Paralympics	Kampala	local
Jan	Training para- archery	Paralympics	Kampala	Local
Jan	All Africa Amateur Championship	Golf	South Africa	International
Jan	Entebbe Junior Open	Golf	Entebbe Golf Club	Local
Jan	East African Canoe Kayak Championship	Canoe kayak	Kenya	International
Jan	Inter-forces championship	Dragon boat	Buloba Forest Park	Local
Jan	Coaches and umpires Training	Rowing	Mukono	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
Jan	National Rowing Sprints	Rowing	Bunjako	Local
Jan	Opening year Bonanza	Weightlifting	Kampala	Local
January	Referees refresher course	Volleyball	Kampala	Local
FEBRUARY 2025				
1 st	Super cup	Pool	Kampala	Local
01 st	Capacity building for club managers	Netball	TBD	Local
02 nd	Executive committee meeting	Swimming	USF Offices	Local
5 th -10 th	East Africa DanceSport Exhibition	DanceSport	Lenana School Nairobi-Kenya	International
08 th	USF media clinic	Swimming	UOC offices	Local
8 th	National Judo League Week 8	Judo	Kampala	Local
8 th	National Cross country Championship	Athletics	Tororo	Local
09 th	Hytek TMs training Clinic	Swimming	USF offices	Local
10 th	2024 League/Uganda Cup Draws	Hockey	UHA office	Local
15 th	USF technical official clinic	swimming	UOC secretariat	Local
15 th	National Dance league launch	DanceSport	Skyz Hotel, Naguru-Kampala	Local
17 th	International matches (2 Matches)	Football	TBC	International
17 th	Annual Woodball Congress	Wood ball	Mengo Kampala	Local
19 th	Uganda International Challenge Tournament	Badminton	Lugogo	International
20 th – 22 nd	DanceSport series	DanceSport	Jinja	Local
22 nd	USF Swimming & OWS Development Camp	Swimming	Teso	Local
23 rd	Player Transfer Window Closes	Hockey	TBC	Local
23 rd	Source of the Nile Half Marathon	Athletics	Jinja	Local
24 th	Uganda Junior International	Badminton	Lugogo	International
24 th	Capacity Building Workshop vi (Games official TTA)	Hockey	TBC	International
28 th	USF Annual coaches Conference	swimming	TBC	Local
February	2023 Universities Challenges Finale	Hockey	Lugogo	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
February	World Youth Chess Championship	Chess	TBC	International
February	RR super 14 National Chess Championship	Chess	TBC	International
February	Club coaches training courses	Dragon boat	Buloba Forest Park	Local
February	National Rowing Championship	Rowing	Kisubi Beach	Local
February	Western region Rowing exhibition	Rowing	Lake Bunyonyi	Local
February	Capacity building for club managers	Netball	TBD	Local
February	League (Men, Women, Youth)	Roll Ball	Kampala	Local
February	Executive committee meeting	Swimming	USF Offices	Local
February	Jnr/Cdt World Championships (Youth, Women & Men)	Fencing	TBC	International
February	USF media clinic	Swimming	UOC offices	Local
February	Hytek TMs training Clinic	Swimming	USF offices	Local
February	USF technical official clinic	swimming	UOC secretariat	Local
February	USF Swimming & OWS Development Camp	Swimming	Teso	Local
February	USF Annual coaches Conference	swimming	TBC	Local
February	Council meeting	Handball	New Gloria Hotel	Local
February	UHF Annual Coaches symposium	Handball	GNS Hotel	Local
February	UHF Annual Congress	Handball	UOC	Local
February	1000 Discs- Kigali Rwanda	Ultimate Frisbee	Kigali- Rwanda	International
Feb- June	National Team Men XV's Preparations 2024	Rugby	TBC	Local
February	Victoria Cup	Golf	Uganda Golf Club	Local
February	Entebbe Ladies Open	Golf	Entebbe Golf Club	Local
February	Inter schools /University Championship	Pool	Kampala	Local
February	Club Knockout Championship	Pool	Kampala	Local
February	National Athletic Para trials	Paralympics	Kampala	Local
February	Cameroon International	Badminton	Cameroon	International
February	Egypt Para Badminton International	Badminton	Egypt	International
February	Capacity building	Boxing	TBC	Local
February	Club leagues	Boxing	TBC	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
February	Refresher Coaches course	Boxing	TBC	Local
February	FIBA Afro basket Qualifiers zone 5 Men and women	Basketball	TBC	International
February	National Junior and Senior Trials	Skating	Mukono	Local
February	Regional Judo Open Eastern	Judo	Uganda	International
February	Nigeria Invitational T-20 Senior Women	Cricket	Nigeria	International
February	West Indies Tour	Cricket	Guyana	International
February	MCDP Distric	Cricket	Country wide	Local
February	Girls school League	Cricket	Regional	Local
February	CWB Youth	Cricket	Iganga /Jinja	Local
February	CWB Youth	Cricket	Gulu	Local
February	Girls School Qualifier	Cricket	Regional	Local
February	50 Over League 1	Cricket	Kampala	Local
February	Over 40 league Women	Cricket	Kampala	Local
February	Scorers course	Cricket	Kampala	Local
February	Hold Quarterly Executive Meeting	Dragon boat	Buloba Forest Park	Local
MARCH 2025				
1 st	National Trials	Athletics	Kampala	Local
1 st	KHC Schools Festival	Hockey	King's College Budo	Local
1 st	DanceSport Green, Protect environment Cyphers	DanceSport	Kitgum streets	Local
02 nd	USF executive meeting	Swimming	USF offices	Local
2 nd	UHA Memorial (2024 Champions)	Hockey	Lugogo	Local
3 rd	Corporate Woodall circuit	Wood ball	Mubs Nakawa	Local
7 th – 9 th	Pearl of Africa Women's Cup	Hockey	Lugogo	Local
8 th	National Judo League Week 9	Judo	Kampala	Local
8 th	7 th Women's Wood ball Championship	Wood ball	Lubiri	Local
8 th	International matches (2 Matches)	Football	TBC	International
09 th	National swimming league	Swimming	TBC	Local
09 th	National Refereeing Course	Wood ball	Mengo	Local
15 th	USF Annual General Assembly	Swimming	U.O.C offices	Local
15 th	Inter-primary school gala	Swimming	TBC	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
15 th	2 nd National trials	Athletics	Kampala	Local
15 th – 16 th	2025 League commencement	Hockey	Lugogo	Local
16 th – 21 st	UK dance Championship	DanceSport	Windsor Hall, London	International
16 th	Kyambogo open Woodball Championship	Wood ball	Kyambogo	Local
22 nd	Grand slam	Judo	Georgia	International
22 nd	4 th Omax Omeda Meeting	Athletics	Serere	Local
23 rd	Taibah Schools tournament	Athletics	Kampala	Local
24 th	Iftar Dinner (DanceSport Moslem fraternity)	DanceSport	UDSF office- Mengo	Local
29 th	2025 Annual General meeting	Hockey	TBC	Local
29 th	National Sec. School gala	Swimming	TBC	Local
29 th -30 th	National Judo Championship	Judo	Kampala	Local
29 th	3 rd National trials	Athletics	Kampala	Local
March	USF executive meeting	Swimming	USF offices	Local
March	Fencing Caravan	Fencing	Kampala	Local
March	National swimming league	Swimming	TBC	Local
March	League (Men, Women, Youth)	Roll ball	Mbarara	Local
March	USF Annual General Assembly	Swimming	U.O.C offices	Local
March	Inter-primary school gala	Swimming	TBC	Local
March	Women's League Championship	Roll ball	Kampala	Local
March	National Sec. School gala	Swimming	TBC	Local
March	Media workshop	Handball	TBC	Local
March	UHF coaching & refereeing courses Level 1, 2 &3	Handball	TBC	Local
March	Basic Administrative Courses	Handball	TBC	Local
March	Anti-doping workshop training	Handball	TBC	Local
March	Club registration workshop League (All clubs)	Handball	TBC	Local
March	Club managers meeting	Handball	TBC	Local
March	AUUS handball challenge Cup	Handball	TBC	Local
March	UMEA games	Handball	TBC	Local
March	Handball novices (regional)	Handball	TBC	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
March	Refresher course (League referees & Match delegates)	Handball	TBC	Local
March	Secondary School Qualifiers (Youth)	Handball	TBC	Local
March	National Team competition (East Africa Classic) Women, Men, Open & Mixed	Ultimate Frisbee	Kisumu	International
March	National Championship 2024	Sports Climbing	Kabale	Local
March	World Rugby Sevens Challenger Series- (Men & Women)	Rugby	Monte Video	International
March	Residential Training Camp	Rugby	TCB	Local
March	Uganda Annual Open	Dragon boat	Buloba Forest Park	Local
March	Inter forces Canoe Kayak Challenge	Canoe kayak	TBC	Local
March	Africa Individual Chess Championship	Chess	TBC	International
March	Uganda Seniors Open Western Region	Golf	Mbarara Golf Club	Local
March	Entebbe Ladies Open	Golf	Entebbe Golf Club	Local
March	Women's day cup	Pool	Kampala	Local
March	PAU Grand open	Pool	Kampala	Local
March	Stakeholders meeting	Pool	Kampala	Local
March	Participate in IF Congress	Canoe kayak	Spain	International
March	Para power lifting Championship	Paralympics	Mukono	Local
March	UNPC General Assembly	Paralympics	Kampala	Local
March	Amputee Football Competitions	Paralympics	Regional	Local
March	Uganda Tour Tanzania	Cricket	Tanzania	International
March	Easter Series	Cricket	Jinja	Local
March	Challenge B Hong Kong Senior men	Cricket	Hong Kong	International
March	Coach Assessment	Cricket	Country wide	Local
March	Media Course	Cricket	Kampala	Local
March	All Africa Senior Championship	Badminton	TBC	International
March	African Cycling Confederation CAC Congress	Cycling	TBC	International
March	AGM	Cycling	Kampala	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
March	CAA African Cross Country	Athletics	TBD	International
March	MUBS alumni run	Athletics	Nakawa	Local
March	National open Boxing Championship	Boxing	TBC	Local
March	Women's day boxing Celebrations	Boxing	TBC	Local
March	Club league	Boxing	TBC	Local
March	Shadow Boxing	Boxing	TBC	Local
March	Corporate Boxing	Boxing	TBC	Local
March	Youth World Boxing Cup	Boxing	TBC	International
March	International Friendlies Youth team	Boxing	TBC	International
March	International Friendlies Elite team	Boxing	TBC	International
March	World inline speed skating championship	Skating	TBC	International
March	National schools Championship	Skating	TBC	Local
March	National Women Ludo League	Ludo	Kampala	Local
March	Club Championship	Weight lifting	Kampala	Local
APRIL 2025				
05 th	Rwamuhanda/ Ruguga Memorial track and field	Athletics	Kabale	Local
05 th	National Judo League Week 10	Judo	Kampala	Local
06 th	USF executive meeting	Swimming	USF offices	Local
6 th	13 th Ndejje University Wood ball Championship	Wood ball	Ndejje	Local
12 th	USF Members Engagement Meeting	Swimming	U.O.C Offices	Local
12 th	National Trials	Athletics	Kampala	Local
13 th	Wood ball league	Wood ball	Lubiri	Local
14 th	ICPAU Junior Woodball Qualifiers	Wood ball	All districts	Local
17 th – 19 th	World Games 2025 qualifiers (Africa)	DanceSport	Tunisia	international
18 th – 20 th	UHA Easter Cup (open)	Hockey	Lugogo	Local
19 th	USF. Athletes training & mentorship Clinic	Swimming	U.O.C offices	Local
21 st	Corporate Wood ball circuit	Wood ball	Lubiri	Lubiri
25 th	East African Judo Championship Zone 5	Judo	TBC	International
25 th	University DanceSport Club launch (Youth)	DanceSport	Makerere University	Local
26 th	National Swimming league 2	Swimming	TBC	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
26 th	National Swimming league 2	Swimming	TBC	Local
April	Africa Aquatic Zone 4 Championships	Swimming	TBC	International
April	Africa Aquatic Junior SW & OWS Championships	Swimming	Egypt	International
April	World Series	Roll ball	India	International
April	Champions League	Handball	TBC	Local
April	1 st round of National Handball Super League throws off (Senior Men & Women)	Handball	TBC	Local
April/May	32 nd Super Cup Men & Women (Senior)	Handball	TBC	Local
April/May	41 st African Cup Club Championship (Senior Men & Women)	Handball	TBC	Local
April	Buganda Cup (Youth)	Handball	TBC	Local
April	National inter-college, Tertiary institute games (youth)	Handball	TBC	Local
April	Frisbee East African Sand Tournament	Ultimate Frisbee	Mombasa- Kenya	International
April	World Table Tennis Day and Championship	Table Tennis	TBC	Local
April	Equator Women's tournament	Ultimate Frisbee	Nyakasura- Fort portal	Local
April	Africa Aquatic Zone 4 Championships	Swimming	TBC	International
April	Africa Aquatic Junior SW & OWS Championships	Swimming	Egypt	International
April	National Primary Schools Athletics Championship	Athletics	TBC	Local
April	Media Clinic (Media Houses)	Hockey	UOC	Local
April	2024 Universities Challenge Rd 1	Hockey	TBC	Local
April	Regional Selection Point race	Cycling	Eastern Region	Local
April	Amstel Gold Race Towards Rwanda	Cycling	Netherlands	International
April	Sitting Para- Volley ball Championship	Paralympics	Kampala	local
April	National open Women Pool Checkers championship	Draughts	Kampala	Local
April	National U-12 Checkers championship	Draughts	Kampala	Local
April	Junior Qualifiers	Golf	Entebbe Golf Club	Local
April	All Africa Junior Championship	Golf	Tunisia	International
April	Olympiad for different able bodied	Chess	TBC	International
April	Organize Lake Victoria Canoe sprint	Canoe kayak	Jinja	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
April	Technical Commission Meeting	Canoe Kayak	Garuga	Local
April	Marathon Regata Challenge	Canoe kayak	TBC	Local
April	Women Africa Cup of Nations Finals Championship	Football	TBC	International
April	CECAFA U-15 Boys Championship	Football	TBC	International
April	National Cadets School Boxing Championship	Boxing	TBC	Local
April	Club leagues	Boxing	TBC	Local
April	Continued National team trainings	Boxing	TBC	Local
April	International Friendlies Youth Open	Boxing	TBC	International
April	International friendlies Elite team	Boxing	TBC	International
April	Mandela African Boxing Cup	Boxing	TBC	International
April	IKF Kempo World Championship	Zurkhaneh	Portugal	International
April	World inline Coaches and judges workshop level 2	Skating	Kampala	International
April	National inline freestyle and skateboarding championship	Skating	TBC	Local
April	National team trials	Skating	TBC	Local
April	Namibia Tour –Youth	Cricket	Namibia	International
April	International Invitational 7s	Rugby	TBC	International
April	Zimbabwe Tour Senior Men	Cricket	Zimbabwe	International
April	Tour to India senior men	Cricket	India	international
April	Qatar tour to Uganda	Cricket	Kampala	International
April	Umpires Level 1 Kampala	Cricket	Kampala	Local
April	League Play- offs	Volleyball	Lugogo/Old Kla	Local
MAY 2025				
1 st	Judges Beginners course	DanceSport	UDSF office- Mengo	Local
03 rd	USF OWS Technical Official & coaches clinic	Swimming	TBC	Local
05 th	4 th Okot Omony Track and field challenge	Athletics	Kitigum	Local
04 th	USF Executive Meeting	Swimming	USF offices	Local
9 th	UHA minors Cup (U13 Academies)	Hockey	Lugogo	
10 th	National Judo League Week 11 +Crowning ceremony	Judo	Kampala	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
10 th	6 th National Trials	Athletics	TBC	Local
10 th -11 th	World Athletics Relays	Athletics	China	International
11 th	National Wood ball League	Wood ball	Mubs Nakawa	Local
12 th – 13 th	Capacity Building Workshop Vii	Hockey	TBC	Local
15 th – 18 th	FIH Nile series (Snr National teams)	Hockey	Lugogo	Local
15 th	Players transfer window open	Volleyball	UVB offices	Local
17 th	Open water swim	Swimming	TBC	Local
17 th	West Nile TID Athletics Meeting	Athletics	Arua	Local
17 th	Regional Championship	Athletics	All regions	Local
19 th -22 nd	IDO All styles competition	DanceSport	Turkiye- antlya	local
19 th	2 nd Wood ball Beach Circuit	Wood ball	Bunjako Beach	Local
23 rd	World Championship	Judo	UAE	International
24 th	Soroti Wood ball Clinic	Wood ball	Soroti	Local
25 th	Players Symposium	Wood ball	Cricket oval Lugogo	Local
26 th	International matches (2 Matches)	Football	TBC	International
31 st	USF swimming Technical officials Development Clinic	Swimming	U.O.C offices	Local
31 st May-1 st June	4 th National Beach Volleyball tour	Volleyball	Kalanoga Beach	Local
May	Para Volleyball Championship	Paralympic	Kampala	Local
May	USF OWS Technical Official & coaches clinic	Swimming	TBC	Local
May	School Championship	Roll ball	Kampala	Local
May	USF Executive Meeting	Swimming	USF offices	Local
May	Senior African Championships (Senior, women, & Men)	Fencing	TBC	Local
May	Players transfer window open	Volleyball	UVB offices	
May	Open water swim	Swimming	TBC	Local
May	USF swimming Technical officials Development Clinic	Swimming	U.O.C offices	Local
May	4 th National Beach Volleyball tour	Volleyball	Kalanoga Beach	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
May	IHF Trophy Africa, Zone V Girls U7 & U19	Handball	TCB	International
May	Council Meeting	Handball	TCB	Local
May	IHF Coaching Course License C	Handball	TCB	Local
May	Basic Sports Administrative Courses	Handball	TCB	Local
May	Men's tournament	Ultimate Frisbee	Central	
May – Sept.	National Primary Schools League (U12)	Table Tennis	TBC	Local
May – Sept	National Traditional Secondary Schools Championship & League	Table Tennis	Traditional Schools	Local
May	World Table Tennis Championships (Senior)	Table Tennis	Qatar	International
May	2 nd TTX Holiday Training & End of Holiday Championship	Table Tennis	TT clubs	Local
May	ITTF Eastern Africa Regional Hopes& Cadets Championship (U15) & (U12)	Table Tennis	TBC	International
May	ITTF Eastern Africa Regional Senior Championship	Table Tennis	TBC	International
03 rd	USF OWS Technical Official & coaches clinic	Swimming	TBC	Local
03 rd , 10 th , 17 th , 24 th	School Championship	Roll ball	Kampala	Local
04 th	USF Executive Meeting	Swimming	USF offices	Local
13 th -21 st	Senior African Championships (Senior, women, & Men)	Fencing	TBC	Local
15 th	Players transfer window open	Volleyball	UVB offices	
May	African Championship	Wrestling	Egypt	International
May	African Championship	Weightlifting	TBC	International
May	Father grimes Uganda School Chess Championship	Chess	Kampala	Local
May	U-16 National Championship	Cycling	Kampala	Local
May	CAA U-18 and U-20 Championships	Athletics	Madagascar	International
May	Inter-regional Boxing championship	Boxing	TBC	Local
May	Club leagues	Boxing	TBC	Local
May	Continued national team trainings	Boxing	TBC	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
May	International friendlies (Youth team)	Boxing	TBC	International
May	International friendlies (Elite team)	Boxing	TBC	International
May	FIBA Afro basket qualifiers zone 5 (boys and girls)	Basketball	Cairo Egypt	International
May	World cup Wushu Sanda	Zurkhaneh	China	International
May	African Juniors Chess Championship	Chess	TBC	International
May	National team training camp	Skating	Kampala	Local
May	East Africa Inter schools Skating Championship	Skating	Kampala	Local
May	World inline cup	Skating	France	International
May	CECAFA U-18 Boys Championship	Football	TBC	International
May	St Denis Reunion International Challenge	Badminton	St Denis	International
May	Bahrain international	Badminton	Manama	International
May	BWF BCA Annual General Meeting	Badminton	Lugogo	Local
May	Uganda tour to Namibia	Cricket	Namibia	International
May	Training camp youth	Cricket	Jinja	local
May	Training camp youth/Women	Cricket	Kampala	local
May	MCDP Regional	Cricket	Regional	Local
May	Girls Cricket week	Cricket	Gulu	Local
May	Umpire Tutor course	Cricket	Kampala	Local
May	Curator Course	Cricket	Kampala	Local
May	Senior Championship above 40	Pool	Kampala	Local
May	Juniors Championship	Pool	Kampala	Local
May	Labor day Championship	Pool	Kampala	Local
May	Kasese Juniors Open	Golf	Kilembe	Local
May	Mayombo Open	Golf	Toro Golf Club	Local
May	Match day Round 2	Golf	Entebbe Club	Local
May	Club Outreach Monitoring and Evaluation	Dragon boat	All clubs	Local
May	China Uganda Dragon boat regatta	Dragon boat	Buloba Forest Park	Local
May	Inter- University Competition	Ludo	Selected Universities	Local
May	World Rugby Sevens Challenger Series-	Rugby	Munich	International
May	World Rugby Sevens Challenger Series-	Rugby	Madrid	International

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
May	World Rugby Sevens Challenger Series-	Rugby	Krakow	International
May	World Rugby Sevens Challenger Series-	Rugby	Madrid	International
JUNE 2025				
1 st	23 rd Akibua Memorial Invitation meeting	Athletics	Kampala	Local
02 nd	USF executive committee meeting	Swimming	USF offices	Local
4 th	WDSF/The world Games 2025 qualifier	DanceSport	Montpellier, Antalya	International
7 th	African Open	Judo	Ivory Coast	International
7 th	TBAC invitational meeting	Athletics	Kampala	Local
7 th	DanceSport students, Djs, MCs & Judges seminar	DanceSport	Elite High School-Entebbe	Local
7 th -9 th	Weather land Open	Hockey	Lugogo	local
11 th	World Zurkhaneh Championship	Zurkhaneh	UK	International
14 th	Kids Athletics Central region Championship	Athletics	Kampala	Local
14 th	14 th ICPAU National Juniors Open Championship	Wood ball	Lwengo District	Local
16 th	Great refugee Road Run G3R	Athletics	Arua	Local
17 th 19 th	FIFA World cup Qualifiers Uganda Vs Mozambique	Football	Home and away	International
17 th -19 th	FIFA World cup Qualifiers Uganda Vs Guinea Conakry	Football	Kampala	International
22 nd	Pan American Open	Judo	Lima Peru	International
22 nd	Woodball Capacity building	Wood ball	Jinja	Local
23 rd	3 rd Cooperate wood ball Circuit	Wood ball	Kisubi	Local
26 th	Swimming Coaches level 2 clinic	Swimming	UOC secretariat	Local
27 th	Netball Awards gala	Netball	TBD	Local
28 th	National Track and field Championship	Athletics	Kampala	Local
29 th	Uganda National Age group championship	Swimming	TBC	Local
June	Capacity building Workshop Viii	Hockey	TBC	Local
June	World Junior Chess Championship	Chess	TBC	International
June	Chess World Cup	Chess	TBC	International
June	Promotion of Drafts in Cities and Towns	Draughts	Different cities	Local
June	National Pool Checkers individual championship	Draughts	Kitigum	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
June	International Draughts 10x10individual championship	Draughts	Hoima city	Local
June	National open Women Pool Checkers championship	Draughts	Kampala	Local
June	Pool Queen /Pool King	Pool	Kampala	Local
June	APAA Black ball Championship	Pool	Kampala	Local
June	Super league	Pool	Kampala	Local
June	National Open Championship	Pool	Kampala	Local
June	World school Athletics Championship	Athletics	TBC	International
June	International matches (2 Matches)	Football	TBC	International
June	CHAN 2024 Qualifiers and Final tournament	Football	TBC	International
June	Capacity building	Boxing	TBC	Local
June	Club leagues	Boxing	TBC	Local
June	Corporate Boxing	Boxing	TBC	Local
June	Continued National team trainings	Boxing	TBC	Local
June	FIBA 3X3 Nationals league U 21 &U 23	Basketball	TBC	International
June	Genocide Memorial Tournament	Zurkhaneh	Kigali Rwanda	International
June	World inline cups	Skating	Portugal	International
June	World inline cup	Skating	Czech Republic	International
June	National Cycling Championship	Cycling	Kapchorwa	Local
June	Badminton Schools Championships	Badminton	Lugogo	Local
June	Kwibuka T-20	Cricket	Rwanda	International
June	Boys Schools League	Cricket	Kampala	Local
June	World Para power lifting Championship	Paralympic	TBC	International
June	World Para Athletics Championship	Paralympic	TBC	International
June	National Para-Swimming Championship	Paralympic	Kampala	Local
June	IBSA Men Blind football continental Championship	Paralympic	TBC	International
June	Hold Annual Meeting	Dragon boat	Buloba Forest Park	Local
June	Hold Quarterly Executive Meeting	Dragon boat	Buloba Forest Park	Local
June	Uganda Seniors Open Eastern Region	Golf	TBC	Local
June	West Nile open	Golf	TBC	Local

DATE	ACTIVITY	SPORT	VENUE	CATEGORY
June	IWF World Championship	Weightlifting	TBC	International
June	World Rowing Cup	Rowing	Europe	International
June	Toyota Open Junior World cup	Golf	TBC	International
June	National Championship	Weightlifting	Buziga	Local
June	Residential Training Camp	Rugby	TCB	Local
June	National Championship	Wrestling	Kampala	Local