



**NATIONAL SPORTS CALENDAR FOR THE FINANCIAL YEAR 2019/2020**

DATE	ACTIVITY	SPORT	VENUE
<b>JULY 2019</b>			
TBC	Ssesse Islands Cycling Tour	Cycling	Kalangala
TBC	Buganda cup Basketball tournament for High Schools (Regional)	Basketball	High schools in Buganda region
1 <sup>st</sup>	National Beach Volleyball Championship	Volleyball	Lido Beach
3 <sup>rd</sup> -14 <sup>th</sup>	World Volley ball University Games	Volleyball	TBC
4 <sup>th</sup> -7 <sup>th</sup>	Seals Invitational Swimming Gala at Kampala Parents	Swimming	Kampala Parents School
4 <sup>th</sup> -7 <sup>th</sup>	Ivory Coast Badminton International Tournament	Badminton	Ivory coast
5 <sup>th</sup> -7 <sup>th</sup>	National Zurkaneh Championship for all African games.	Zurkaneh	Kampala- Uganda
6 <sup>th</sup>	Ranking for Pro-Arm Kick Boxing 2 <sup>nd</sup> Season	Kickboxing	Freedom City
6 <sup>th</sup>	S1 and S2 National Woodball championships	WoodBall	London College Nansana
6 <sup>th</sup>	3 <sup>rd</sup> FINA Swimming World Aquatics Day Celebrations	Swimming	TBD
6 <sup>th</sup>	Kyabazinga Athletics Championships/ Kids Athletics	Athletics	Iganga
6 <sup>th</sup>	Western Region Athletics Championships/ Kids Athletics	Athletics	Mbarara
6 <sup>th</sup> -14 <sup>th</sup>	National Hockey League	Hockey	Lugogo
6 <sup>th</sup> -7 <sup>th</sup>	YMCA Darts Sports Gala Singles(Men & Women)	Darts	Kalanamo
7 <sup>th</sup> -8 <sup>th</sup>	National Volleyball League	Volleyball	UCU/ MUBS/ LUGOGO
7 <sup>th</sup>	Dolphins Fast and Furious 2019 clubs Swimming Gala at Gems Cambridge International School	Swimming	Gems Cambridge International School
7 <sup>th</sup> -14 <sup>th</sup>	National Sec. School Netball Championship	Netball	Teso College Aloet
8 <sup>th</sup> -14 <sup>th</sup>	Uganda Secondary Schools Athletics Championship	Athletics	Soroti/ Tororo
11 <sup>th</sup> -12 <sup>th</sup>	Rowing World Cup III	Rowing	Rotterdam
12 <sup>th</sup> - 14 <sup>th</sup>	Mayeku Open Badminton Tournament	Badminton	Uganda
13 <sup>th</sup> -14 <sup>th</sup>	Primary Schools National Roll ball Tournament	Roll ball	Jinja
12 <sup>th</sup> -28 <sup>th</sup>	18 <sup>th</sup> FINA World Swimming Championships	Swimming	Gwangju, Korea
14 <sup>th</sup>	President's cup 2019 WoodBall Invitational Championships	WoodBall	Lugogo Cricket Oval
15 <sup>th</sup>	Mayank Athletics Championships	Athletics	Zombo

15 <sup>th</sup> – 18 <sup>th</sup>	Ghana International Badminton Championship	Badminton	Ghana
TBC	Lagos International Badminton Championship	Badminton	Nigeria
14 <sup>th</sup> -15 <sup>th</sup>	Presidents' Cup Volleyball Invitational Championship	Volleyball	TBC
12 <sup>th</sup> -21 <sup>st</sup>	Netball World Cup( Liverpool England)	Netball	LiverPool
16 <sup>th</sup> -17 <sup>th</sup>	IFSC Para climbing World Championship	Climbing	Briancon(FRA)
19 <sup>th</sup>	All stars Kickboxing night camp Golola and camp Semata	Kickboxing	Kampala
20 <sup>th</sup>	Harriet Apoko Memo Handball Tournament	Handball	Soroti
20 <sup>th</sup>	Buganda schools WoodBall Championship (regional)	WoodBall	Mityana Secondary School
20 <sup>th</sup>	2 <sup>nd</sup> USF National Water Polo Swimming Gala	Swimming	Greenhill Academy
20 <sup>th</sup>	3 <sup>rd</sup> Inter Club Kickboxing Competition (Eastern Region)	Kickboxing	Mbale
20 <sup>th</sup> -14 <sup>th</sup> DEC	Kampala Premier Tennis League	Tennis	Kampala
20 <sup>th</sup> -21 <sup>st</sup>	Inter District Darts Championships (Team Event)	Darts	Jinja
21 <sup>st</sup> -1 <sup>st</sup> August	Austria world Para Rowing Championship	Paralympic	Austria
22 <sup>nd</sup>	Central Region Athletics Championship( Arop Memorial)	Athletics	Gulu
22 <sup>nd</sup> – 31 <sup>st</sup>	Masters' International Hockey Championships	Hockey	Rotterdam, Netherlands
22 <sup>nd</sup> -29 <sup>th</sup>	National Volley ball League	Volleyball	UCU/MUBS/LUGOGO
24 <sup>th</sup> -28 <sup>th</sup>	U 23 World Rowing Championship	Rowing	Sarasota, USA
24 <sup>th</sup>	National Basketball League End of 2 <sup>nd</sup> Leg	Basket Ball	YMCA/ LUGOGO
24 <sup>th</sup> -26 <sup>th</sup>	Select Secondary School Trials ( American Football)	American Football	Kampala
26 <sup>th</sup> -27 <sup>th</sup>	National Track & Field Championships	Athletics	Kampala
26 <sup>th</sup> 28 <sup>th</sup>	Tamil Sangam Open Badminton Tournament	Badminton	Uganda
27 <sup>th</sup> -4 <sup>th</sup>	Inter-kingdom Boxing Championships	Boxing	TBC
27 <sup>th</sup>	22 <sup>nd</sup> Malaysia International Woodball Open Championship 2019- International Tour Singapore Stop	WoodBall	Ipoh ,Perak, Malaysia
27 <sup>th</sup> -28 <sup>th</sup>	ECASA Q1 Scrabble Championship	Scrabble	Soroti
April-mid July	Uganda Lacrosse League	Lacrosse	Various Campuses
July-August	Women Kabaddi internal Tournament	Kabaddi	Lugogo indoor stadium.
July –August	Para-Power Lifting Training Camp	Paralympic	Kampala
July –August	Para- Swimming Training Camp	Paralympic	TBC

July	National Secondary Schools Handball games	Handball	TBC
July	Lake Victoria Grass Ultimate Frisbee Tournament (LVGUT)	Frisbee	Kisumu Kenya
July	CAVBC Nations Volleyball Championship/Qualifiers	Volleyball	TBC
July	NVB Continental Volley ball Challenger Cup	Volleyball	TBC
July	Astana 2019 World Para Power Lifting Championship	Paralympic	Kazakhstan
July	EAC Games (Volleyball And Beach Volleyball Men And Women)	Volleyball	TBC
July	NBA Basketball league end	Basketball	TBC
July-August	Para Rowing Training Camp	Paralympic	Kampala
July-September	Para-Shooting Training Camp-Mubende	Paralympic	Mubende
<b>AUGUST 2019</b>			
1 <sup>st</sup> -15 <sup>th</sup>	Residential Athletics Training for all Africa Games	Athletics	Kapchorwa/ Kampala
1 <sup>st</sup> -10 <sup>th</sup>	WLC Lacrosse Games Canada	Lacrosse	Petersborough, Canada
2 <sup>nd</sup>	Start of Quarter Final Basketball Playoffs (Best Of 3)	Basket Ball	Lugogo
2 <sup>nd</sup> -5 <sup>th</sup>	19 <sup>th</sup> Singapore Lion City cup International WoodBall championship 2019- International Tour Singapore Stop	WoodBall	Singapore
3 <sup>rd</sup>	3 <sup>rd</sup> Interclub Kickboxing Competitions (Northern Region)	Kickboxing	Gulu
3 <sup>rd</sup> -14 <sup>th</sup>	Red/ Orange Ball Tennis Competition	Tennis	Kampala
DEC	Junior Tennis League	Tennis	Kampala
3 <sup>rd</sup> -14 <sup>th</sup>	DEC	Tennis	Kampala
3 <sup>rd</sup>	Second round of the Handball Super league	Handball	Various
3 <sup>rd</sup> -5 <sup>th</sup>	NSSF KAVC Memorial Volleyball Tournament	Volleyball	Lugogo/MUBS
3 <sup>rd</sup>	Royal Palace Cycling Tour	Cycling	Buganda Kingdom
3 <sup>rd</sup> - ,31 <sup>st</sup>	National Hockey League Games	Hockey	Lugogo
4 <sup>th</sup> -24 <sup>th</sup>	National Roll ball League Round 2 ( seniors)	Roll ball	Jinja
4 <sup>th</sup>	4 <sup>th</sup> Co-operate WoodBall Circuit	WoodBall	Cipla Quality Chemicals Luzira
6 <sup>th</sup> -13 <sup>th</sup>	World Para Badminton Championship	Paralympic	Switzerland
7 <sup>th</sup> -11 <sup>th</sup>	World Rowing Junior Championship	Rowing	Tokyo, Japan.
9 <sup>th</sup> -11 <sup>th</sup>	E.A Lacrosse Sevens Tournament	Lacrosse	Mukono
9 <sup>th</sup>	Mbarara WoodBall Open (Invitational Tournament)	WoodBall	Mbarara Sports Club
10 <sup>th</sup>	1 <sup>st</sup> Buganda Land board Wood Ball League	WoodBall	Namboole
10 <sup>th</sup>	4 <sup>th</sup> Interclub Kickboxing Competitions (Central Region)	Kickboxing	Lukaya

10 <sup>th</sup>	USF National Masters Swimming Gala	Swimming	Gems Cambridge
10 <sup>th</sup>	End of quarter final Basketball play offs ( best of 3)	Basket ball	Lugogo
10 <sup>th</sup> -11 <sup>th</sup>	Capacity Building for Taekwondo Coaches and Referees	Taekwondo	TBC
11 <sup>TH</sup>	Tour De Kampala Cycling Competition	Cycling	Kampala metropolitan
11 <sup>th</sup> -12 <sup>th</sup>	National Volley ball League	Volleyball	UCU/MUBS/Lugogo
12 <sup>th</sup> -18 <sup>th</sup>	Africa Olympic Qualifiers Hockey Championship	Hockey	Potchefstroom, south Africa
12 <sup>th</sup> -17 <sup>th</sup>	All Training Football Camp ( American FootBall)	American FootBll	Kampala Uganda
14 <sup>th</sup> -22 <sup>nd</sup>	IFSC World Youth Climbing Championship	Climbing	Central Saanich Vancouver Island, Canada
16 <sup>th</sup> 18 <sup>th</sup>	UCC Open Badminton Championship	Badminton	Uganda
17 <sup>th</sup> -21 <sup>st</sup>	Para Athletics Training Camp	Paralympic	Kampala
18 <sup>th</sup>	Tour De Feminine cycling Championship	Cycling	Kampala-wakiso
18 <sup>th</sup>	Ranking For Pro-Arm Kickboxing 3 <sup>rd</sup> Season	Kickboxing	Freedom City
18 <sup>th</sup> -19 <sup>th</sup>	National Volley ball League	Volleyball	UCU/MUBS/Lugogo
19 <sup>TH</sup>	National Roll ball League (seniors)	Roll Ball	Masaka, Mukono
18 <sup>th</sup> -19 <sup>th</sup>	Indoor Climbing Championship	Climbing	International school of Uganda.
20 <sup>th</sup> -25 <sup>th</sup>	World VX championship	VX	UK
20 <sup>th</sup> -25 <sup>th</sup>	7 <sup>th</sup> FINA World Jr. Swimming Championships	Swimming	Budapest,Hungary
20 <sup>th</sup> -1 <sup>st</sup>		Athletics	Rabat, Morocco.
Sept.	12 <sup>th</sup> Athletics all Africa Games		
21 <sup>st</sup> -24 <sup>th</sup>	12 <sup>th</sup> Swimming all African Games	Swimming	Casablanca, Morocco
22 <sup>nd</sup> -27 <sup>th</sup>	Trip to UK for V2 and VX World cup.	VX Uganda	Harrote squash courts in Yorkshire.
22 <sup>nd</sup>	Para Athletics Trials	Paralympic	Kampala
23 <sup>rd</sup> -3 <sup>rd</sup>		Zurkaneh	Morocco
septemb	All Africa games Zurkaney championship – Moroco		
23 <sup>rd</sup> -3 <sup>rd</sup>		Handball	Morocco
Septemb	All African Games Handball championship For Senior teams		
23 <sup>rd</sup> -3 <sup>rd</sup>		Rowing	Rabat, Morocco
Sept	All Africa Games Rowing champs		
23 <sup>rd</sup> -3 <sup>rd</sup> Sept	All Africa Tennis Games	Tennis	Rabat, Morocco
23 <sup>rd</sup> -3 <sup>rd</sup>		Volleyball	Casablanca and Rabat Morocco
Sept	All Africa Games (Indoor and Beach volleyball, Men and Women).		
24 <sup>th</sup> -25 <sup>th</sup>	National Beach Volleyball Open	Volleyball	Lido Beach.

24 <sup>th</sup> -25 <sup>th</sup>	Inter Regions Darts Championships (Team Events)	Darts	Nebbi
24 <sup>th</sup> -25 <sup>th</sup>	Inter Regions darts Open EADF Championships (inter State, Team Game (Men and Women)	Darts	Wakiso
24 <sup>th</sup>	4 <sup>th</sup> Interclub Kickboxing Competition (Eastern Region)	Kickboxing	Kumi
24 <sup>th</sup> -25 <sup>th</sup>	ECASA Q2 Scrabble Championship	Scrabble	Kampala
31 <sup>st</sup> – 8 <sup>th</sup>	Novices National Boxing Championship	Boxing	TBC
25 <sup>th</sup> -1 <sup>st</sup> Sept	World Rowing Championship Qualifier 2020	Rowing	Linz, Ottenshen, Austria.
25 <sup>th</sup>	Athletics 3 <sup>rd</sup> Girl Child Education Run	Athletics	Arua.
25 <sup>th</sup> -31 <sup>st</sup>	East African Secondary Schools Hockey Games	Hockey	TBC
29 <sup>th</sup> -30 <sup>th</sup>	IFAF Africa Congress (American Football)	American Football	Lagos Nigeria
31 <sup>st</sup>	2 <sup>nd</sup> Buganda Land Board WoodBall League	WoodBall	Namboole
August	Kampala Open Netball Championship	Netball	TBE
August	Federation for East Africa Secondary School Netball championship	Netball	Mwanza-Tanzania
August	National Primary School Net Ball Games	Netball	Bushenyi
August	IHF Continental Handball Competition	Handball	TBC
August	National Primary Schools Hand ball games	Handball	TBC
August	National Youth Ludo Competition	Ludo	TBC
August	National Technical and vocational institutes/Meteorological/PTC Handball games	Handball	Bishops Willis PTC-iganga.
August	17 <sup>th</sup> FEASSA Handball Tournament	Handball	TBC
August	All Africa weight lifting Games	Weightlifting	Morocco
August	National Basketball league( end of 2 <sup>nd</sup> Leg)	Basketball	YMCA/LUGOGO
August	Tunisia Para Rowing 2020 Qualifiers	Paralympic	Tunisia
<b>SEPTEMBER 2019</b>			
1 <sup>st</sup>	Ranking For Pro-Arm Kickboxing 4 <sup>th</sup> Season	Kickboxing	Freedom City
1 <sup>st</sup> -2 <sup>nd</sup>	International Uganda Kabaddi open	Kabaddi	Lugogo indoor stadium
1 <sup>st</sup> -2 <sup>nd</sup>	National Volleyball League	Volleyball	UCU/MUBS/Lugogo
1 <sup>st</sup> -7 <sup>th</sup>	18 <sup>th</sup> Japan Open WoodBall international Championship 2019 International Tour Japan Stop	Wood Ball	Fukushima Japan
1 <sup>st</sup> -29 <sup>th</sup>	National Roll ball league (seniors)	Roll ball	Mbarara
1 <sup>st</sup> -29 <sup>th</sup>	National Hockey League Games	Hockey	Lugogo
2 <sup>nd</sup> -8 <sup>th</sup>	Final 12 & under Africa Junior Tennis Competition	Tennis	Casablanca Morocco
3 <sup>rd</sup>	All African Cricket Games	Cricket	Morocco
4 <sup>th</sup>	Residential Training For Athletics World Championships	Athletics	Kapchorwa/ Kampala

5 <sup>th</sup>	Play Tennis Coach Education Program	Tennis	Kampala
6 <sup>th</sup> -16 <sup>th</sup>	IFSC World Climbing Championship	Climbing	Innsbruck,Austria.
7 <sup>th</sup>	4 <sup>th</sup> Interclub Kickboxing Competition (Western Region)	Kickboxing	Kasese
7 <sup>th</sup> -14 <sup>th</sup>	National Health Institution Handball Games	Handball	Soroti
8 <sup>th</sup> -9 <sup>th</sup>	National Volley ball League	Volleyball	UCU/MUBS/Lugogo
8 <sup>th</sup>	Africa Junior Tennis Championship on Clay Court	Tennis	Hammamet Tunisia
9 <sup>th</sup>	Paralympic Games Chiefde Missio Seminar and General Assembly	Paralympic	Germany
11 <sup>th</sup>	Start of Basket Ball Final Play offs (Best of 5)	Basketball	Lugogo
11 <sup>th</sup> -15 <sup>th</sup>	13 <sup>th</sup> Cana Junior Swimming Championships	Swimming	Tunis Tunisia
13 <sup>th</sup> – 15 <sup>th</sup>	Computer Point Open Badminton Championship	Badminton	Uganda
14 <sup>th</sup>	Athletics Run Against Female Genital Mutilation Half Marathon(invitational)	Athletics	Bukwo
14 <sup>th</sup>	3 <sup>rd</sup> Buganda Land Board WoodBall League	WoodBall	Namboole
14 <sup>th</sup>	3 <sup>rd</sup> Buhweju Mountain Race Athletics Competition	Athletics	Buhweju.
14 <sup>th</sup> -15 <sup>th</sup>	Uganda International Darts Open Singles & Doubles (Men& Women) EADF Championships (Interstates) Team Game (Men & Women)	Darts	Wakiso
14 <sup>th</sup> -19 <sup>th</sup>	AFFU-Oklahoma University( USA) ( American FootBall)	American FootBall	Oklahoma (USA)
15 <sup>th</sup>	Tour De Nile Cycling competition	Cycling	Kampala-Jinja.
15 <sup>th</sup>	3 <sup>rd</sup> Beach woodBall Circuit	WoodBall	Spedah Beach
15 <sup>th</sup> -16 <sup>th</sup>	National Volleyball Club Championship	Volleyball	TBC
TBC	UCI World Cycling Championship, (Congress )	Cycling	United Kingdom
18 <sup>th</sup>	End of Semi Final Basketball Play offs (best of 5)	Basketball	Lugogo
19 <sup>th</sup>	National Roll ball League (seniors)	Roll ball	Masaka,Makerere
20 <sup>th</sup> -22 <sup>nd</sup>	National Rowing Regatta III	Rowing	Sailing Club Jinja
21 <sup>st</sup>	4 <sup>th</sup> Interclub Kickboxing competition (Southern Region)	Kickboxing	UPDF Grounds
21 <sup>st</sup> -22 <sup>nd</sup>	Seals Swimming League Meet iii At Kampala Parents School	Swimming	Gems Cambridge International School
21 <sup>st</sup>	Korean Ambassador Taekwondo Cup	Taekwondo	TBC
21 <sup>st</sup>	Start of Basketball Final Play offs(Best of 7)	Basketball	Lugogo
22 <sup>nd</sup>	Source of the Nile Trail Cycling competition	Cycling , UCA	Jinja
22 <sup>nd</sup>	3 <sup>rd</sup> Corporate Beach Volleyball Tournament	Volleyball	Lido Beach
22 <sup>nd</sup> -23 <sup>rd</sup>	National Volleyball League	Volleyball	UCU/MUBS/Lugogo
22 <sup>rd</sup> -23 <sup>rd</sup>	Promotional Event Climbing Tournament	Climbing	International school of Uganda.
24 <sup>th</sup> -28 <sup>th</sup>	East African Flag FootBall Championships ( American FootBall)	American FootBall	Nairobi Kenya

24 <sup>th</sup> -29 <sup>th</sup>	National Disability Sports Gala	Paralympic	Mpigi
26 <sup>th</sup> – 29 <sup>th</sup>	Ethiopia International Badminton Tournament	Badminton	Ethiopia
27 <sup>th</sup> -6 <sup>th</sup> oct	IAAF Athletics World Championships	Athletics	Doha, Qatar
28 <sup>th</sup>	3 <sup>rd</sup> National beach Volleyball Tour	Volleyball	Lido Beach.
28 <sup>th</sup>	4 <sup>th</sup> Buganda Land Board Wood Ball League	WoodBall	Namboole
28 <sup>th</sup>	3 <sup>rd</sup> Interclub Kickboxing Competition( Northern Region)	Kickboxing	Oyam /Apac
28 <sup>th</sup> -29 <sup>th</sup>	ECASA Q3 Scrabble Championship	Scrabble	Kampala
28 <sup>th</sup> -29 <sup>th</sup>	3 <sup>rd</sup> Edition of Darts Conservation Cup Singles &Doubles Team Game (Men & Women)	Darts	TBC
28 <sup>th</sup> -29 <sup>th</sup>	Trip to Kenya for Friendly match (VX)	VX Uganda	Makini International school, Kenya
29 <sup>th</sup>	3 <sup>rd</sup> National beach Volleyball Tour	Volleyball	Lido Beach
28 <sup>th</sup> -9 <sup>th</sup>	Legends Cup National Boxing competition	Boxing	Lugogo
Sept.	7 Hills Frisbee Classic Tournament	Frisbee	Entebbe Uganda
TCB	African Rowing Championships. (2020 QF)	Rowing	Tunis, Tunisia.
Sept	National Schools Basketball Independence Tournament	Basketball	High schools
<b>OCTOBER 2019</b>			
1 <sup>st</sup> -7 <sup>th</sup>	24 <sup>th</sup> Taiwan Open International WoodBall Championship 2019 International Tour Taiwan Stop	WoodBall	MaTsu Taiwan
1 <sup>st</sup>	Mass Junior Tennis Coaching in Arua	Tennis	Arua
1 <sup>st</sup> -5 <sup>th</sup>	Mass Junior Tennis Coaching in Jinja	Tennis	Jinja
1 <sup>st</sup> -5 <sup>th</sup>	Mass Junior Tennis Coaching in Soroti	Tennis	Soroti
1 <sup>st</sup> -5 <sup>th</sup>	Mass Junior Tennis Coaching in Mbale	Tennis	Mbale
1 <sup>st</sup> -5 <sup>th</sup>	Mass Junior Tennis Coaching in Mbarara	Tennis	Mbarara
1 <sup>st</sup> -5 <sup>th</sup>	Mass Junior Tennis Coaching in FortPortal	Tennis	FortPortal
1 <sup>st</sup> -5 <sup>th</sup>	Mass Junior Tennis Coaching in Luwero	Tennis	Luwero
1 <sup>st</sup> -5 <sup>th</sup>	Mass Junior Tennis Coaching in Kabale	Tennis	Kabale
4 <sup>th</sup> -6 <sup>th</sup>	City Tyres Open Badminton Invitational Tournament	Badminton	Kampala
4 <sup>th</sup> -5 <sup>th</sup>	General Assembly 2019 of International WoodBall Federation	WoodBall	Taiwan
TBC	BWF World Junior Badminton Championships	Badminton	Russia
5 <sup>th</sup>	10 <sup>th</sup> National Mountain Running Championships	Athletics	Kapchorwa
5 <sup>th</sup>	Inter-University WoodBall championship	WoodBall	Busitema University
5 <sup>th</sup> -6 <sup>th</sup>	Independence Roll ball cup	Roll ball	Mbarara
5 <sup>th</sup> -6 <sup>th</sup>	17 <sup>th</sup> National Independence Swimming Gala	Swimming	KISU



5 <sup>th</sup> -6 <sup>th</sup>	UDA Ranking Open Zonal Darts competition Zonal League Games (Second Round)	Darts	Kampala, Apac, Kakira, Arua, Fort Portal.
5 <sup>th</sup> -6 <sup>th</sup>	UDA Ranking Open (Zonal) competition)	Darts	TBC
5 <sup>th</sup> -6 <sup>th</sup> & 9 <sup>th</sup>	UHA Independence Day Hockey Tournament	Hockey	Lugogo
06 <sup>th</sup>	Independence Day Cycling Competition –Lugazi	Cycling	Lugazi- Iganga
6 <sup>th</sup>	Rankings For 5 <sup>th</sup> And Finals Pro-Arm Kick Boxing Season	Kickboxing	Freedomcity
6 <sup>th</sup>	5 <sup>th</sup> Corporate Woodball Circuit	WoodBall	Bugema University
6 <sup>th</sup> -7 <sup>th</sup>	UCU Volleyball invitational Championship	Volleyball	UCU-Mukono
8 <sup>th</sup> -11 <sup>th</sup>	Youth Olympic Climbing Games	Climbing	Buenos Aires, Argentina.
9 <sup>th</sup>	Independence Volleyball Cup (Invitational)	Volleyball	Sunrise Primary/Sch
9 <sup>th</sup>	Independence Cup Scrabble Championship	Scrabble	Palm Gardens
9 <sup>th</sup>	Finals Awards Central Region And Independence Cup (Kickboxing )	Kickboxing	Ntinda
09 <sup>TH</sup>	Independence Day Cycling Competition –Kampala Invitational	Cycling	Kisasi- Kampala
9 <sup>th</sup>	Independence Cup Handball competition Invitational	Handball	TBC
9 <sup>th</sup>	Race against Polio Cycling competition	Cycling	Kampala
10 <sup>th</sup> -14 <sup>th</sup>	Nyerere Volleyball Cup ( Invitational)	Volleyball	Dare salaam.
10 <sup>th</sup> -15 <sup>th</sup>	World Beach Handball Games	Handball	San Diego USA
10 <sup>th</sup> -15 <sup>th</sup>	World Beach Swimming Games	Swimming	San Diego USA
11 <sup>th</sup> -13 <sup>th</sup>	USA Open Zurkaneh Competition	Zurkaneh	Texas.
12 <sup>th</sup>	Soroti Blood Bank Run (Athletics Invitational Run)	Athletics	Soroti
12 <sup>th</sup>	Finals And Awards for Kick Boxing (Western Region)	Kickboxing	Fortportal
12 <sup>th</sup> – 13 <sup>th</sup> & 26 <sup>th</sup> -27 <sup>th</sup>	National Hockey League (Round 4)	Hockey	Lugogo
13 <sup>th</sup> -14 <sup>th</sup>	National junior Climbing Championships	Climbing	Busika –Wakiso
13 <sup>th</sup> -14 <sup>th</sup>	National Volleyball League	Volleyball	UCU/MUBS/Lugogo
15 <sup>th</sup> -20 <sup>th</sup>	WESPAC Scrabble Championship	Scrabble	Goa India
17 <sup>th</sup> – 20 <sup>th</sup>	Egypt International Badminton Championship	Badminton	Egypt
18 <sup>th</sup>	International Referee’s Course ( Kickboxing)	Kickboxing	Romania
19 <sup>th</sup>	National Roll ball League finals	Roll ball	Nambole
19 <sup>th</sup>	Water Polo Regional Development swimming Champs	Swimming	Rwanda/Tanzania
19 <sup>th</sup>	5 <sup>th</sup> Mulago Catholic Parish Run (Invitation)	Athletics	Mulago
19 <sup>th</sup> -20 <sup>th</sup>	Gulu Open Taekwondo Championship	Taekwondo	Gulu
19 <sup>th</sup> -24 <sup>th</sup>	East & Central African Hockey Championships	Hockey	Lusaka, Zambia



19 <sup>th</sup> -20 <sup>th</sup>	10 <sup>th</sup> Uganda WoodBall open	WoodBall	Muni University
19 <sup>th</sup> -20 <sup>th</sup>	Under 17 National Rollball Tournament	Roll ball	Kampala
20 <sup>th</sup> -21 <sup>st</sup>	National Volleyball League	Volleyball	UCU/MUBS/Lugogo
20 <sup>th</sup> -27 <sup>th</sup>	Inter Club VX championship	VX Uganda	Ntinda and Makerere squash courts.
20 <sup>th</sup> -27 <sup>th</sup>	Inter –Universities Boxing Championships	Boxing	TBC
23 <sup>rd</sup> -25 <sup>th</sup>	American FootBall National Referees Clinic	American FootBall	Kampala
24 <sup>th</sup> -27 <sup>th</sup>	Algeria International Badminton championship	Badminton	Algeria
TBC	National Boxing Trials / Camp Training	Boxing	Lugogo
26 <sup>th</sup>	Finals And Awards Kickboxing (Eastern Region)	Kickboxing	Bugiri
26 <sup>th</sup>	USF Swimming Coaches Clinic	Swimming	USF Secretariat Kololo
26 <sup>th</sup> -27 <sup>th</sup>	4 <sup>th</sup> National Beach Volleyball Tour	Volleyball	Lido, Beach
27 <sup>th</sup>	MTN Eastern Region Half Marathon	Athletics	Mbale
26 <sup>th</sup> -27 <sup>th</sup>	Tour De Equator Cycling Competition	Cycling	Kampala-Mbarara
26 <sup>th</sup> -27 <sup>th</sup>	African Roll ball Championship	Roll ball	Egypt
26 <sup>th</sup> -27 <sup>th</sup>	Inter Club Darts Knockout (Team Event)	Darts	Soroti
29 <sup>th</sup> -3 <sup>rd</sup> Nov	China Open International WoodBall Tournament 2019 International Tour China Stop	WoodBall	Zhejiang, China
31 <sup>st</sup> -3 <sup>rd</sup>	Morocco International Badminton champions	Badminton	Morocco
October	IHF Intercontinental handball Tournament	Handball	TBC
October	Chairman’s Cup Frisbee competition	Frisbee	Kampala Uganda
October	Individual Ludo Championship for Men and Women	Ludo	TBC
October	Annual Ludo Women’s League	Ludo	TBC
October	Bingwa Darts Open	Darts	TCB
Oct-Nov	4 <sup>th</sup> Weightlifting Champions Of Champions	Weightlifting	Grand Imperial
October	Club’s Invitational Regatta Rowing Competition	Rowing	TCB
October	FUBA Independence Cup( invitational)	Basketball	Lugogo
October	FIBA Zone5 Club Basketball Qualifiers	Basketball	TBC
October	Sydney World Para Shooting sport Championship	Paralympics	Australia (Sydney)
<b>NOVEMBER 2019</b>			
1 <sup>st</sup> -6 <sup>th</sup>	IFAF Global Congress for American Football	American FootBall	London England
2 <sup>nd</sup>	Finals And Awards Kickboxing (Southern Region)	Kickboxing	KU Gaba Campus
2 <sup>nd</sup> -3 <sup>rd</sup>	Veterans Open Darts Singles, Doubles & T/ Game (Men & Women)	Darts	Wakiso

2 <sup>nd</sup> -3 <sup>rd</sup>	Silver Fin Swimming club Championship At Gems Cambridge International School Kampala	Swimming	Gems Cambridge International School Kampala
2 <sup>nd</sup> -30 <sup>th</sup>	National Hockey League Games	Hockey	Lugogo
3 <sup>rd</sup> -4 <sup>th</sup>	National volleyball League	Volleyball	UCU/MUBS/Lugogo
3 <sup>rd</sup>	4 <sup>th</sup> Beach WoodBall Circuit	WoodBall	Spedah Beach Entebbe
1 <sup>st</sup> -7 <sup>th</sup>	Junior (Boys) world Kabaddi Championship.	Kabaddi	Iran
9 <sup>th</sup> -10 <sup>th</sup>	President's cup Roll ball invitational competition	Roll ball	Masaka
9 <sup>th</sup>	2 <sup>nd</sup> USF National Sprints Gala( invitational)	Swimming	GEMS Cambridge
4 <sup>th</sup> -9 <sup>th</sup>	5 <sup>th</sup> CANA Zone III Swimming Championships	Swimming	Nairobi-Kenya
7 <sup>th</sup> -15 <sup>th</sup>	World Para Athletics Championship	Paralympics	Dubai
9 <sup>th</sup> 15 <sup>th</sup>	Africa Cup for Hockey Club Championships	Hockey	Lugogo
9 <sup>th</sup> – 17 <sup>th</sup>	National Cadets Boxing champs	Boxing	TBC
10 <sup>th</sup>	4 <sup>th</sup> Corporate Beach Volleyball Tournament	Volleyball	Lido
10 <sup>th</sup>	MTN Northern Region Half Marathon	Athletics	Gulu
10 <sup>th</sup> -18 <sup>th</sup>	National Volleyball League	Volleyball	UCU/MUBS/Lugogo
14 <sup>th</sup> 17 <sup>th</sup>	Cameroon International Badminton championship	Badminton	Cameroon
15 <sup>th</sup>	World Mountain Running Championships	Athletics	Patagonia, Argentina
16 <sup>th</sup>	Dr. Sarah Nkonge Netball Cup (Invitational)	Netball	Ggaba
16 <sup>th</sup>	Kickboxing Finals Northern Region	Kickboxing	Nebi
17 <sup>th</sup>	MTN Western Region Half Marathon	Athletics	Mbarara
17 <sup>th</sup>	6 <sup>th</sup> Corporate WoodBall Circuit	WoodBall	Buganda Land Board
16 <sup>th</sup> -17 <sup>th</sup>	Inter secondary school Roll Ball challenge	Roll ball	
16 <sup>th</sup> -21 <sup>st</sup>	National University Netball Games	Netball	Nkumba
20-22	2019 Combine Championship for American Football	American Football	Kyambogo University
21 <sup>st</sup> – 24 <sup>th</sup>	Botswana International Badminton Championship	Badminton	Botswana
19 <sup>th</sup>	East African Roll ball championship	Roll ball	Uganda.
TBC	Mpanga Forest MTB Cycling Challenge	Cycling	Mpigi
TBC	Muteesa 1 Memorial Cycling Race	Cycling	Kasubi Tombs
TBC	Super Cycling Race	Cycling, UCA	
23 <sup>rd</sup>	Memorial Netball Cup	Netball	TBE
23 <sup>rd</sup> -24 <sup>th</sup>	Lira Open Taekwondo Championship	Taekwondo	Lira
23 <sup>rd</sup>	National Seals swimming League Meet Iv at Kampala Parents School	Swimming	Kampala Parents School
23 <sup>rd</sup> -24 <sup>th</sup>	Uganda Vs USA VX Friendly match	VX Uganda	USA

23 <sup>rd</sup> -24 <sup>th</sup>	Kabale Scrabble Championship	Scrabble	Kabale
23 <sup>rd</sup> -24 <sup>th</sup>	International Beach Volleyball Championship	Volleyball	Lido Beach.
23 <sup>rd</sup> -24 <sup>th</sup>	Inter university Roll Ball Challenge (Seniors)	Roll ball	Kampala
24 <sup>th</sup>	15 <sup>th</sup> MTN Kampala Marathon	Athletics	Kampala.
24 <sup>th</sup>	Uganda Regional WoodBall Championship	WoodBall	Makerere University
25 <sup>th</sup> -30 <sup>th</sup>	FIH TAP EA II Hockey Championship	Hockey	Lugogo Uganda
28 <sup>th</sup> -1 <sup>st</sup> Dec	IFSC Combined Climbing Qualifiers	Climbing	Toulouse/Tournefeuille
29 <sup>th</sup> – 1 <sup>st</sup>	Zambia International Badminton Championship	Badminton	Zambia
29 <sup>th</sup>	Annual Awards Gala ( WoodBall)	WoodBall	TBD
30 <sup>th</sup>	National Water Polo Swimming League Iv	Swimming	TBD
30 <sup>th</sup> -1 <sup>st</sup> Dec	UDA Darts Ranking Open (Zonal) Zonal League Games (Second Round)	Darts	Kampala, Apac, Kakira, Arua, Fort Portal.
TBC	World Martial Artist for Masters	Zurkaneh	South Korea.
November- Dec	EastAfrica Schools youth Kabaddi Championship	Kabaddi	Lugogo indoor stadium
November	Urban Authority of Uganda Netball Games	Netball	TBE
November	2 <sup>nd</sup> Round Beach Handball	Handball	Nkajja.
November	Entebbe Beach Ultimate Frisbee Tournament	Frisbee	Kampala Uganda
November	Individual Ludo Championship for Men and women	Ludo	
November	Inter –Regional Ludo Competitions	Ludo	
November	District Ludo Women’s Championship	Ludo	
Nov	Kenta Darts Open Singles. Doubles &T/ Game (Men& Women)	Darts	KDA Announce
TBC	Bujumbura Memorial Volleyball Tournament	Volleyball	Bujumbura
Nov	FNL Basketball Start	Basketball	YMCA
Nov	FNL Basketball End	Basketball	YMCA

**DECEMBER 2019**

01 <sup>st</sup>	HIV/AIDS Awareness Cycling Race	Cycling	Tour of Uganda
1 <sup>st</sup> 8 <sup>th</sup>	National Hockey League	Hockey	Lugogo
1 <sup>st</sup>	World Aids Day Run (Athletics)	Athletics	kanungu
1 <sup>st</sup>	Final And Tittle Ranking Awards For Kickboxing (Category Tittle Belts)	Kickboxing	Freedom City
1 <sup>st</sup> -2 <sup>nd</sup>	National Volleyball League	Volleyball	UCU/MUBS/LUGOGO
2 <sup>nd</sup>	FINA Water Polo Swimming Clinic Level II	Swimming	USF Secretariat Kololo
4 <sup>th</sup> -8 <sup>th</sup>	National Kickboxing League Finals	Kickboxing	Freedom City

5 <sup>th</sup> -9 <sup>th</sup>	World Cup Zurkaneh (Iran)	Zurkaneh	Iran
5 <sup>th</sup> – 8 <sup>th</sup>	South Africa International Badminton Championship	Badminton	South Africa
6 <sup>th</sup>	American FootBall CSR	American FootBall	Ntinda Police Barracks
7 <sup>th</sup> -9 <sup>th</sup>	Christmas Challenge Roll ball cup	Roll ball	Kampala
08 <sup>th</sup>	Mbarara Race Cycling Competition (Invitational)	Cycling	Western Uganda
9 <sup>th</sup> -17 <sup>th</sup>	National Intermediates Boxing Championships	Boxing	Kampala
9 <sup>th</sup> -15 <sup>th</sup>	Africa Schools Badminton Championships	Badminton	TBC
14 <sup>th</sup>	National Handball sports Gala/Crowing Ceremony	Handball	TBC
14 <sup>th</sup> -15 <sup>th</sup>	Scrabble on the Nile Championship	Scrabble	Jinja
15 <sup>th</sup>	Eastern Africa University Volleyball Games	Volleyball	TBC
15 <sup>th</sup>	USF National Open water Swim (5Km)	Swimming	TBC
15 <sup>th</sup>	Activate Fun Cycling Competition	Cycling	TBC
15 <sup>th</sup> -16 <sup>th</sup>	National Volleyball League Play Offs	Volleyball	Mbarara
16 <sup>th</sup> -21 <sup>st</sup>	Eastern Africa University Handball Games	Volleyball	TBC.
16 <sup>th</sup> - 21 <sup>st</sup>	10 <sup>th</sup> Edition of the East Africa University Handball Games	Handball	Rwanda
16 <sup>th</sup> -21 <sup>st</sup>	University Netball Games	Netball	Nkumba
16 <sup>th</sup> -21 <sup>st</sup>	Association Of Uganda University Sports Games	Athletics	VTD
19 <sup>th</sup>	World cup Rollball (UK)	Roll ball	UK.
20 <sup>th</sup>	Rubaga Weightlifting Bonanza Regional	Weightlifting	Kasubi Physic
20 <sup>th</sup> 23 <sup>rd</sup>	2 <sup>nd</sup> Annual Magharibi Hockey Championships	Hockey	Eldoret, Kenya
22 <sup>nd</sup>	Royal Palace cycling Tour	Cycling.	Bulange-Ring Road
28 <sup>th</sup>	Western Region Cross Country Championships	Athletics	Mbarara.
NOV-DEC	East Africa School Youth Kabaddi Championship	Kabaddi	Lugogo indoor Stadium
TBC	Regionals Federation Cup (Kabaddi)	Kabaddi	Masindi, Kampala and pallisa.
December	Annual Buganda Bika Ludo Tournament	Ludo	
Dec	University Basketball games	Basketball	TBC
<b>JANUARY 2020</b>			
4 <sup>th</sup>	Mayank Cross Country Championship	Athletics	Koboko
4 <sup>th</sup>	Eastern Region Cross Country Championship	Athletics	Soroti.
3 <sup>rd</sup> -6 <sup>th</sup>	Fit link open international Squash tournament Belgium	Squash	Belgium.
10 <sup>th</sup>	AFFU Annual General Meeting	American FootBall	Kampala

12 <sup>th</sup> -20 <sup>th</sup>	National Open Boxing Championships	Boxing	TBC
18 <sup>th</sup>	National Cross Country Championships	Athletics	VTD
18 <sup>th</sup> -19 <sup>th</sup>	New Year's Open Darts Tournament (Ranking)	Darts	Gulu
20 <sup>th</sup> -18 <sup>th</sup> Feb	Residential Training For World Cross Country Champs	Athletics	Bukwo/ Kapchorwa
25 <sup>th</sup>	Annual General Assembly	Athletics	Kampala
25 <sup>th</sup> -26 <sup>th</sup>	Presidents' Cup Volleyball competition Invitational	Volleyball	TBC
25 <sup>th</sup> -26 <sup>th</sup>	ECASA Q4 Scrabble Championship	Scrabble	Kampala
25 <sup>th</sup> – 26 <sup>th</sup>	National Badminton Trials	Badminton	Uganda
TBC	Estonia International Badminton championship	Badminton	Estonia
27 <sup>th</sup>	Jinja Mountain Bike Race	Cycling	Jinja
	Activate Uganda Cycling Competition	Cycling, UCA	Entebbe
January	World Ludo Events	Ludo	
January- Dec	National and International Kabaddi exhibitions	Kabaddi	
Jan	2020 Tokyo Olympic Continental Qualifiers ( Athletics Men And Women)	Athletics	Soroti
January	Tokyo 2020 Africa Para Athletics Qualifiers	Paralympic	Morocco
January	Tokyo 2020 African Paralympic Goal ball Qualifiers	Paralympic	Morocco
January	Tokyo 2020 Africa Para Taekwondo Qualifiers	Paralympic	Morocco
January	Tokyo 2020 Africa Para-Volleyball Qualifiers	Paralympic	Morocco
January	Tokyo 2020 Africa Wheel chair basketball Qualifiers	Paralympic	Morocco
January	Tokyo 2020 Africa Para-Power Lifting Qualifiers	Paralympic	Morocco
<b>FEBRUARY 2020</b>			
1 <sup>st</sup>	Annual General Meeting ( Darts)	Darts	kampala
02 <sup>nd</sup> -03 <sup>rd</sup>	Elgon Enduro Cycling competition	Cycling	Mbale
6 <sup>th</sup> -8 <sup>th</sup>	American FootBall All training camp Nothern Region	American FootBall	Lira, Gulu
7 <sup>th</sup> -8 <sup>th</sup>	Jinja Volleyball Invitational Cup	Volleyball	Jinja
10 <sup>th</sup>	Tour De Feminine Cycling Competition	Cycling.	Kampala-Wakiso
13 <sup>th</sup> -16 <sup>th</sup>	CAVB Zone 5 Club Championships (Men And Women)	Volleyball	MTN-Arena Lugogo
13 <sup>th</sup> -19 <sup>th</sup>	Continental Cycling championship	Cycling	Ethiopia
14 <sup>th</sup> -15 <sup>th</sup>	All Girls Volleyball Championship	Volleyball	
14 <sup>th</sup> – 16 <sup>th</sup>	Classic School Badminton Tournament	Badminton	Uganda
TBC	Thomas/ Uber Volleyball Cups	Badminton	TBC

14 <sup>th</sup> -15 <sup>th</sup>	UVF Eastern Schools Volleyball Competitions	Volleyball	Kumi
14 <sup>th</sup> -15 <sup>th</sup>	MUK Open Volleyball Championships	Volleyball	Makarere
15 <sup>th</sup> – 16 <sup>th</sup>	FIH TAP EA III Hockey Championships	Hockey	Dar –es –salaam
16 <sup>th</sup>	Kavumba Memorial Volleyball Tournament	volleyball	Butare
16 <sup>th</sup>	World Cup-Junior Fencing Tournament	Fencing	Algeria.
16 <sup>th</sup>	Source Of The Nile Half Marathon	Athletics	Jinja
17 <sup>th</sup>	Open Selection Weightlifting Championships Zonal Qualification Event (Nairobi-Kenya)	Weightlifting	Bativa.
20 <sup>th</sup> – 23 <sup>rd</sup>	Uganda International Badminton Championship	Badminton	Uganda
20 <sup>TH</sup> -22 <sup>ND</sup>	African Fencing –junior Championships	Fencing	Algeria
22 <sup>nd</sup>	6 <sup>th</sup> Africa Cross Country Championships	Athletics	Cape Town, RSA
22 <sup>nd</sup> -23 <sup>rd</sup>	ECASA Q5 Scrabble Championship	Scrabble	Gulu
22 <sup>nd</sup> -24 <sup>th</sup>	African Taekwondo Olympics Qualification Tokyo 2020	Taekwondo	TBC
22 <sup>nd</sup> -23 <sup>rd</sup>	Launch of National League	Darts	Jinja
22 <sup>nd</sup> -23 <sup>rd</sup>	Joan Cox Memorial Volleyball Tournament	Volleyball	Jinja
27 <sup>th</sup> – 29 <sup>th</sup>	Kenya International Badminton Championship	Badminton	Kenya
28 <sup>th</sup> -29 <sup>th</sup>	Mbarara Open Volleyball Championship	Volleyball	TBC
28 <sup>th</sup>	AFFU Stakeholders Workshops (A) (American Football)	American Football	Kampala
29 <sup>th</sup> -1 <sup>st</sup> March	Ndejje Open Volleyball Tournament	Volleyball	Ndejje Luwero
February	National School Roll ball championship	Roll ball	Kampala
February	Para Shooting Training Camp	Paralympics	Mubende
<b>MARCH 2020</b>			
1 <sup>st</sup> -2 <sup>nd</sup>	World Cup Fencing (Egypt)	Fencing	Cairo, Egypt.
2 <sup>nd</sup> -3 <sup>rd</sup>	National schools Fencing Open Tournament	Fencing	TBC
TBC	Portuguese International Badminton Championships	Badminton	Portugal
TBC	Polish International Badminton Championships	Badminton	Poland
7 <sup>th</sup>	1 <sup>st</sup> National athletics Trials	Athletics	kampala
7 <sup>th</sup>	Africa Weightlifting Zonal Qualification Event	Weightlifting	Nairobi-kenya.
7 <sup>th</sup> -8 <sup>th</sup>	UDA Darts Ranking Open (Zonal) Zonal League Games (First Round)	Darts	TBD
7 <sup>th</sup> – 8 <sup>th</sup>	Commencement of National Hockey League	Hockey	Lugogo
8 <sup>th</sup>	Women’s Day Scrabble Championship	Scrabble	Lugogo



09 <sup>th</sup>	Mihingo marathon Cycling Event	Cycling	Lake Mburo N.P
10 <sup>th</sup>	National Creterium Cycling Event	Cycling	Gayaza
TCB	Activate Uganda Race Cycling Competition	Cycling	Kyambogo
12 <sup>th</sup> -14 <sup>th</sup>	American Football Select University Trials	American Football	Kyambogo University
14 <sup>th</sup>	KHC Schools' Hockey Festival	Hockey	TBC
15 <sup>th</sup>	UYC/International Weight lifting Open Qualification Event	Weightlifting	Las Vegas
15 <sup>th</sup> – 29 <sup>th</sup>	National Hockey League Games 2019	Hockey	Lugogo
15 <sup>th</sup> -23 <sup>rd</sup>	World Fencing Championship –Senior	Fencing	Budapst, Hungary.
20 <sup>th</sup> – 22 <sup>nd</sup>	Taibah Schools Badminton Tournament	Badminton	Uganda
TBC	Osaka International Badminton	Badminton	Japan
21 <sup>st</sup> -25 <sup>th</sup>	African Fencing Championship Senior	Fencing	Bamako,Mali
21 <sup>st</sup>	Inter-Schools Taekwondo Championship	Taekwondo	TBC
22 <sup>nd</sup>	UHA Annual General Meeting	Hockey	Lugogo
28 <sup>th</sup> -29 <sup>th</sup>	PANASA Q1 Scrabble Championship	Scrabble	Lola Hotel Busia
28 <sup>th</sup> -29 <sup>th</sup>	National Darts Team Selection	Darts	Nebbi
31 <sup>st</sup>	Eastern Region Cycling Championship	Cycling	Tororo
March	National Ludo Championship	Ludo	
March	Inter –schools Ludo competitions	Ludo	
March	Women Ludo Events	Ludo	
March	Africa Men's And Women Volleyball Club Championships	Volleyball	TBC
March	Para Athletics Training Camp	Paralympics	TBC
March	Para Swimming training Camp	Paralympics	TBC
March	Para-Power Lifting Training Camp	Paralympics	Kampala
March	Para VolleyBall Training Camp	Paralympics	Kampala
March	Wheel Chair Basketball Training Camp	Paralympics	Kampala
March	30 Day Goalball Training Camp	Paralympics	Kampala
<b>APRIL 2020</b>			
TBC	Tour De Congo Cycling Competition	Cycling	DRC
3 <sup>rd</sup> -5 <sup>th</sup>	Kabaka Birthday Volleyball Tournament	Volleyball	Lugogo
TBC	Finnish International Badminton Championships	Badminton	Finland
TBC	Dutch International Badminton Championships	Badminton	Holland

4 <sup>th</sup>	4 <sup>th</sup> Edition Talent Exhibition Volley ball Championships	Volleyball	Samaritan Pri. Sch.
4 <sup>th</sup>	3 <sup>rd</sup> National Athletics Trials	Athletics	Kampala
4 <sup>th</sup> -5 <sup>th</sup>	National Schools Darts Championships (Regional/ Zonal Representation)	Darts	TBC
4 <sup>th</sup> -5 <sup>th</sup>	Uganda Open Taekwondo Championships	Taekwondo	TBC
4 <sup>th</sup> – 26 <sup>th</sup>	National Hockey League Games	Hockey	Lugogo
6 <sup>th</sup> -14 <sup>th</sup>	World Junior Fencing Championship	Fencing	Torun,Poland
9 <sup>th</sup> -12 <sup>th</sup>	ECASA Scrabble Championship	Scrabble	Kampala
10 <sup>th</sup> – 13 <sup>th</sup>	Easter Cup Hockey Tournament (invitational)	Hockey	Lugogo
11 <sup>th</sup> -12 <sup>th</sup>	KIU Open Volleyball Championships	Volleyball	KIU
12 <sup>th</sup> -14 <sup>th</sup>	Mountain Bike Cycling Championship	Cycling	Namibia
13 <sup>th</sup> -14 <sup>th</sup>	National Fencing Championships	Fencing	TBC
13 <sup>th</sup> -15 <sup>th</sup>	IAAF World Indoor Championships	Athletics	Nanjing, China
14 <sup>th</sup>	Senior African Weightlifting Championships (Qualification Event)	Weightlifting	Cairo-Egypt
16 <sup>th</sup> -17 <sup>th</sup>	American FootBall Federation Coordinators Workshop (B)	American FootBall	Kampala
18 <sup>th</sup>	4 <sup>th</sup> National Athletics Trials/ National Youth Championships	Athletics	kampala
18 <sup>th</sup> -19 <sup>th</sup>	National Volleyball League	Volleyball	UCU/MUBS/Lugogo
18 <sup>th</sup>	Official Launch of the Mini Hockey League 2020	Hockey	Lugogo
19 <sup>th</sup> -21 <sup>st</sup>	Naivasha Open Squash Tournament	Squash	Naivasha Sports Club
21 <sup>st</sup>	2 <sup>nd</sup> National Athletics Trial	Athletics	Kampala.
21 <sup>st</sup>	BMX/MTB Race Cycling Competition	Cycling	Luwero
25 <sup>th</sup> -26 <sup>th</sup>	1 <sup>st</sup> National Beach Volleyball Tour	Volleyball	Lido Beach
25 <sup>th</sup> -26 <sup>th</sup>	Mini Hockey League 2019 (Commencement)	Hockey	Lugogo
20 <sup>th</sup> -26 <sup>th</sup>	Uganda International Para-Badminton	Badminton	Uganda
28 <sup>th</sup>	Mpanga Forest Trail Cycling Competition	Cycling	Mpigi
29 <sup>th</sup>	IAAF World Half Marathon Championships	Athletics	Guyina Poland
TBC	Kampala Kabaddi open National Champion	Kabaddi	Lugogo
April	Kabaka's Birth day Open Squash Tournament	Squash	Kampala club limited
April	National Ludo Championship	Ludo	
April	National Super League	Ludo	
April	Inter- Clubs Ludo Competitions	Ludo	
TBC	Tanzania Open EADF Darts Championships	Darts	TBC
DTD	5 <sup>th</sup> Public Tertiary Institution Athletics Games	Athletics	VTD

DTD	EAAR U20 Athletics Championships	Athletics	VTD
TBC	CAVB Nations Beach Volleyball Championship	Volleyball	TBC
April –June	Training for Tokyo 2020 Paralympic Games pool	Paralympics	TBC
<b>MAY 2020</b>			
01 <sup>st</sup>	Labor Day Race Cycling Competition	UCA	
1 <sup>st</sup>	Masters Open Day Hockey Championship (Veterans Fun Day I)	Hockey	Lugogo
1 <sup>st</sup>	Labor Day Scrabble Championship	Scrabble	Palm Gardens
1 <sup>st</sup> -3 <sup>rd</sup>	American Foot Ball East African Bowl Championships	American Foot Ball	Nairobi
TBC	BWF/ BCA AGM	Badminton	TBC
1 <sup>st</sup> -6 <sup>th</sup>	Prime general Supplies Open Squash Tournament	Squash	Kampala club
2 <sup>nd</sup>	5 <sup>th</sup> National Athletics Trials	Athletics	Kampala
2 <sup>nd</sup> -17 <sup>th</sup>	National Volleyball League	Volleyball	UCU/ MUBS/ Lugogo
2 <sup>nd</sup> -17 <sup>th</sup>	Mini Hockey League 2020 (End)	Hockey	Lugogo
2 <sup>nd</sup> 17 <sup>th</sup>	National Hockey League Games	Hockey	Lugogo
TBC	National Secondary Schools Hockey Championship	Hockey	TBC
5 <sup>th</sup>	Timmemanns Red Dirt Motor Championship	Motor sport	Lugazi/Mukono Lakeside
16 <sup>th</sup>	World Athletics Day/ Kids Athletics	Athletics	Bombo
17 <sup>th</sup> -19 <sup>th</sup>	Grand Prix Fencing Competition (Senior)	Fencing	Shanghai, china.
19 <sup>th</sup>	Ride for Rhino Race Cycling Competition	Cycling	Entebbe
20 <sup>th</sup> -30 <sup>th</sup>	Paul Bitok Volleyball Tournament Invitational	Volleyball	Eldoret
22 <sup>nd</sup>	National Cycling Championship	Cycling	Masindi
23 <sup>rd</sup> -24 <sup>th</sup>	2 <sup>nd</sup> National Beach Volley ball Tour	Volleyball	Lido Beach
23 <sup>rd</sup> -24 <sup>th</sup>	Super Cup Darts Competition	Darts	Apac
28 <sup>th</sup>	American Football all Training Camp Western Region)	American Foot Ball	Mbarara
30 <sup>th</sup>	Eastern Region Athletics Championships/ Etolu Memorial Champs	Athletics	Soroti
30 <sup>th</sup> -31 <sup>st</sup>	PANASA Q2 Scrabble Championship	Scrabble	Mbarara
30 <sup>th</sup>	Mayank Athletics Championships	Athletics	Maracha
May	National Ludo Championship	Ludo	
May	National Super League (Ludo)	Ludo	
May	Inter –regional Ludo Competitions	Ludo	
DTD	National Primary Schools Athletics Championships	Athletics	VTD
<b>JUNE 2020</b>			

1 <sup>st</sup> -24 <sup>th</sup>	Residential Training For Tokyo 2020 Olympics	Athletics	Tateshina, Bukwo, Kapchorwa And Kla
02 <sup>nd</sup>	Chixc Women's Bicycle Race	Cycling	Kampala Chixc Ladies Cycling Club
3 <sup>rd</sup>	Martyr's Day Scrabble Championship	Scrabble	Palm Gardens
5 <sup>th</sup> -6 <sup>th</sup>	Genocide Memorial Volleyball Tournament	Volleyball	Amahoro
6 <sup>th</sup>	21 <sup>st</sup> Akii Bua Memorial Athletics Championships (Central Region) Championships	Athletics	Kampala
6 <sup>th</sup> -7 <sup>th</sup>	Obai Open Darts Tournament (Ranking Open)	Darts	Kampala.
6 <sup>th</sup> -7 <sup>th</sup>	Weather head Open Hockey Championship	Hockey	Lugogo
7 <sup>th</sup>	Genocide Memorial Volleyball Tournament	volleyball	Amahoro
8 <sup>th</sup> -09 <sup>th</sup>	Altimate jinja Socialization Cycling Competition	Cycling	Lake side Adventure
19 <sup>th</sup> – 21 <sup>st</sup>	National Schools Badminton Championships	Badminton	Uganda
TBC	Mauritius International Badminton Championship	Badminton	Uganda
TBC	Benin International	Badminton	Benin
TBC	Ivory Coast International Badminton Championship	Badminton	Ivory coast
13 <sup>th</sup> -14 <sup>th</sup>	Aporu Memorial International Volleyball Tournament	Volleyball	Kumi
13 <sup>th</sup> 14 <sup>th</sup>	National Hockey League Games	Hockey	Lugogo
13 <sup>th</sup> -14 <sup>th</sup>	1 <sup>st</sup> Inter Club Taekwondo Championship	Taekwondo	TBC
15 <sup>th</sup>	Northern Region Athletics Champs/ Arop Memorial	Athletics	kitgum
15 <sup>th</sup>	Kyabazinga Athletics Championships/ Kids Athletics	Athletics	Iganga.
15 <sup>th</sup> -20 <sup>th</sup>	22 <sup>nd</sup> Africa Senior Athletics Championships	Athletics	Algiers, Algeria
16 <sup>th</sup>	National Women Cycling Championship	Cycling	Wakiso
20 <sup>th</sup> -21 <sup>st</sup>	Nkumba Invitational Volleyball Tournament	Volleyball	Entebbe
22 <sup>nd</sup>	Western Region Athletics Championships/ Kids Athletics	Athletics	Rukungiri
22 <sup>nd</sup>	FIH TAP EA Review Hockey Championship	Hockey	Nairobi, Kenya
23 <sup>rd</sup>	B World Cycling Championship	Cycling	Jinja
23 <sup>rd</sup>	Olympic Day Hockey Celebrations	Hockey	TBC
23 <sup>rd</sup> -24 <sup>th</sup>	National Fencing Championships- Cadet/Junior	Fencing	TBC
23 <sup>rd</sup> -26 <sup>th</sup>	American Foot Ball National Coaches Clinic	American Foot Ball	Kampala
26 <sup>th</sup> -27 <sup>th</sup>	National Track And Field Championships	Athletics	Kampala
26 <sup>th</sup> -29 <sup>th</sup>	White Nights Open International Squash Tournament	Squash	Russia

27 <sup>th</sup>	National Junior Volleyball Championship	Volleyball	TBC
27 <sup>th</sup> -28 <sup>th</sup>	PANASA Q3 Scrabble Championship	Scrabble	Lira (Lax on Lark)
27 <sup>th</sup> -28 <sup>th</sup>	UDA Darts Ranking Open (Zonal) Zonal League Games (First Round)	Darts	TBC
28 <sup>th</sup> -30 <sup>th</sup>	National Junior Volleyball Championship	Volleyball	TBC
30 <sup>th</sup>	Activate Challenge Cycling Competition	Cycling	
	Senior Women International Kabaddi champion	Kabaddi	Bangladesh
	Inter-regional Kabaddi Championship	Kabaddi	Lugogo
	District Kabaddi championships	Kabaddi	Masindi, Pallisa, Wakiso, Kampala, Gulu and Hoima.
	National Primary schools Kabaddi champion	Kabaddi	Lugogo
	Senior Men Kabaddi World cup	Kabaddi	Dubai
	Junior Kabaddi International tournament	Kabaddi	TBC
	National Secondary schools Kabaddi championship	Kabaddi	TBC
June	Inter- Districts Ludo Competitions	Ludo	TBC
June	YMCA Ludo Clubs and sports Gala	Ludo	TBC
June	Inter Leaders and Trustees Ludo Competitions	Ludo	TBC